



# UP IN THE AIR

CHOREOGRAPHY IN SEPTEMBER 2019 BY:

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**Description:** 2 walls, 64 counts, intermediate level

**Music:** Up In The Air - Marc Martel (Album: The Prelude EP) (3.54mins) - approx 110bpm. [Itunes Link](#)

**Count In:** 16 counts from when beat kicks in, dance begins on vocals

**Notes:** Restart during wall 2 after 32 counts, restart during wall 3 after 48 counts, Tag at end of 5th wall  
Special thank you to Jo Jaconelli (was Conroy) from UK for suggesting the music, it is a fab track.

**Videos:** Demo: [www.vimeo.com/learnlinedance/UpInTheAirDemo](http://www.vimeo.com/learnlinedance/UpInTheAirDemo) Teach: [www.vimeo.com/learnlinedance/UpInTheAir](http://www.vimeo.com/learnlinedance/UpInTheAir)

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Section	Footwork	End Facing
<b>1 - 8</b>	<b>R side rock, R cross shuffle, 1/4 R back L, 1/4 R side R, L crossing shuffle</b>	
1 2 3 & 4	Rock R to right side [1]. Recover weight L [2]. Cross R over L [3]. Step L to left side [&]. Cross R over L [4]	12.00
5 6	Make 1/4 turn right stepping back L [5]. Make 1/4 turn right stepping R to right side [6]	6.00
7 & 8	Cross L over R [7]. Step R to right side [&]. Cross L over R [8]	6.00
<b>9 - 16</b>	<b>R side, hold, L close, R side rock, R jazz box making 1/8 turn right traveling back</b>	
1 2 & 3 4	Step R to right side [1]. Hold [2]. Step L next to R [&]. Rock R to right side [3]. Recover weight L [4]	6.00
5 6 7 8	Cross R over L [5]. Make 1/8 turn right stepping back L [6]. Step R back to right diagonal [7]. Cross L over R [8]	7.30
<b>17 - 24</b>	<b>R back, 1/2 turn L (weight R), L fwd, 1/2 turn L stepping back R, L back rock, hold, recover R, 1/2 turn R stepping back L</b>	
1 2 3 4	Step R back [1]. Make 1/2 turn left on ball of R (weight R) [2]. Step L forward [3]. Make 1/2 turn left stepping back R [4]	7.30
5 6	Rock L back [5]. Hold ( <i>styling: rotate upper body left in prep for a turn</i> ) [6].	7.30
7 8	Recover weight R [7]. Make 1/2 turn right stepping L back [8]	1.30
<b>25 - 32</b>	<b>1/2 turn R fwd R, L point, L fwd/cross, R point, R kick-ball-step, R fwd, 5/8 turn L (to 12.00)</b>	
1 2 3 4	Make 1/2 turn right stepping forward R [1]. Point L to left side [2]. Step L forward slightly across R [3]. Point R to right side [4]	7.30
5 & 6 7 8	Kick R forward [5]. Step in place on ball of R [&]. Step L slightly forward [6]. Step R forward [7]. Pivot 5/8 turn L (weight L) [8]	12.00
<b>RESTART</b>	<b><i>During 2nd wall restart here. 2nd wall begins facing 6.00, you will be facing 6.00 to restart.</i></b>	
<b>33 - 40</b>	<b>R side, hold, L behind, R side, L cross, hold with sweep, R cross, L side</b>	
1 2 3 4	Step R to right side [1]. Hold [2]. Cross L behind R [3]. Step R to right side [4]	12.00
5 6 7 8	Cross L over R [5]. Hold as you sweep R [6]. Cross R over L [7]. Step L to left side [8]	12.00
<b>41 - 48</b>	<b>R back, L sweep, L back, R sweep, R back rock, full turn L traveling fwd stepping R-L (or easy option 2 walks)</b>	
1 2 3 4	Step R back (slightly behind L) [1]. Sweep L [2]. Step L back (slightly behind R) [3]. Sweep R [4]	12.00
5 6	Rock R back (prep body R) [5]. Recover weight L [6].	12.00
7 8	Make 1/2 turn left stepping back R [7]. Make 1/2 turn left stepping forward L [8] ( <i>easy option 7-8: 2 walks fwd R-L</i> )	12.00
<b>RESTART</b>	<b><i>During 3rd wall restart here. 3rd wall begins facing 6.00, you will be facing 6.00 to restart.</i></b>	
<b>49 - 56</b>	<b>R fwd rock, hold, recover L, 1/2 turn R stepping fwd R, L fwd rock, hold, recover R, 1/4 turn L stepping side L</b>	
1 2 3 4	Rock R forward [1]. Hold [2]. Recover weight L [3]. Make 1/2 turn right stepping forward R [4]	6.00
5 6 7 8	Rock L forward [5]. Hold [6]. Recover weight R [7]. Make 1/4 turn left stepping L to left side [8]	3.00
<b>57 - 64</b>	<b>R cross rock, R side rock, R behind, 1/4 turn L fwd L, R fwd, 1/2 pivot L</b>	
1 2 3 4	Cross rock R over L [1]. Recover weight L [2]. Rock R to right side [3]. Recover weight L [4]	3.00
5 6 7 8	Cross R behind L [5]. Make 1/4 turn left stepping forward L [6]. Step forward R [7]. Pivot 1/2 turn left (weight ends L) [8]	6.00
<b>TAG</b>	<b><i>At the end of the 5th wall you will be facing the back, do the following 8 count tag:</i></b>	
1 2 3 4	<i>Step R to right side (feet shoulder width apart but weight R) as you raise both arms straight forward and up [1234]</i>	6.00
5 6 7 8	<i>Step L forward as you snap fingers in a 'diva' snap out to sides [5]. Hold [6]. Step R forward [7]. Pivot 1/2 turn left [8]</i>	12.00

START AGAIN :- ) HAVE FUN!