Count: 80 Wall: 2 Level: Intermediate
Choreographer: Robbie McGowan Hickie (UK) \& Karl-Harry Winson (UK) - April 2015
Music: All In My Head - Alvaro Estrella : (iTunes, Amazon)

## \#16 Count intro

S1: Side Step Right. Cross Rock. Chasse $1 / 4$ Turn Left. Step. Pivot $1 / 2$ Turn Left. Side Step with 1/4 Turn
Left.
1-3 Step Right to Right side. Cross rock Left over Right. Rock back on Right.
4\&5 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
6-8 Step forward on Right. Pivot 1/2 Left. Make 1/4 turn Left stepping Right Long step to Right side.
S2: Back Rock. $2 \times$ Walks Forward. Forward Rock. Triple Full Turn Left.
1-2 Rock back on Left. Rock forward on Right. (12.00)
3-4 Walk forward on Left. Walk forward on Right.
5-6 Rock forward on Left. Rock back on Right.
7\&8 Triple step making Full turn Left (on the spot) stepping Left. Right. Left. Or: Left Coaster Step
S3: Side. Touch. Left Kick Ball-Cross. Side Step. Touch Across. Point Out. Touch Behind (With shoulder

## lift)

1-2 Step Right to Right side. Touch Left toe beside Right.
3\&4 Kick Left Diagonally forward Left. Step Left beside Right. Cross step Right over Left.
5-7 Step Left to Left side. Touch Right toe across Left. Point Right toe out to Right side.
8 Touch Right toe behind Left - Lifting Right shoulder and dropping the Left and Look Down to Left side

S4: Side Step Right. Hold. \& 1/4 Turn Right. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Back Rock.
1-2 Step Right to Right side. Hold.
\&3-4 Step Left beside Right. Make 1/4 Right stepping forward on Right. Step forward on Left.
5-6 Pivot 1/2 turn Right. Make 1/4 turn Right stepping Left to Left side.
7-8 Rock back on Right. Rock forward on Left.
S5: Step. 1/2 Turn Right. Right Coaster. Step. 1/2 Turn Left. Left Shuffle 1/2 Turn Left.
1-2 Step forward on Right. Make 1/2 turn Right stepping back on Left.
3\&4 Step back on Right. Step Left beside Right. Step forward on Right.
5-6 Step forward on Left. Make 1/2 turn Left stepping back on Right.
7\&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (6:00)
S6: Step Forward. \& Heel Lift. Touch Back. Reverse Pivot 1/2 Turn Right. Step. Hold \& Step. Scuff.
1\&2 Step forward on Right. Raise both heels up. Lower both heels to floor. (Weight ends on Left)
3-4 Touch Right toe back. Make 1/2 turn Right taking weight on Right.
5-6 Step forward on Left. Hold.
\&7-8 Step ball of Right beside Left. Step forward on Left. Scuff Right forward. (12:00)
S7: Rocking Chair. $2 \times$ Walks Around. Turning Cross Shuffle. (Completing 1/2 Circle Turn Left).
1-4 Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left.
5-6 Make 1/8 turn Left walking forward on Right. Make 1/8 turn Left walking forward on Left.
7\&8 Cross step Right over Left. Step Left to Left side. Cross Right over Left (Gradually making 1/4 turn Left)

S8: 2 x Walks Around. Left Triple Step. (Completing 1/2 Circle Turn Left). Right Jazz Box Cross.
1-2 Make 1/8 turn Left walking forward on Left. Make 1/8 turn Left walking forward on Right.
3\&4 Left Triple step turning 1/4 Left stepping Left. Right. Left. (12:00)
5-8 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right.
S9: Side Step Right. Drag. Ball-Cross. Side Step Left. Back Rock. $2 \times$ Walks Forward.
1-2 Long step Right to Right side. Drag Left towards Right.
\&3-4 Step ball of Left beside Right. Cross step Right over Left. Long step Left to Left side.
5-6 Rock back on Right. Rock forward on Left.
7-8 Walk forward on Right. Walk forward on Left.

S10: Pivot $1 / 2$ Turn Right. Left Shuffle Diagonally Forward Left. Out - Out. Back. Cross. Chasse Right
1,2\&3 Pivot 1/2 turn Right. Left shuffle Diagonally forward Left stepping Left. Right. Left.
4-5 (Still on Diagonal) Step Right out to Right side (push hips Right). Step Left out to Left side (push hips Left)
6-7 (Straighten up to 6 o'clock) Step back on Right. Cross step Left over Right.
8\& Step Right to Right side. Close Left beside Right. (6:00)

