

Throwback Thursday

Choreographed by Laura Sway & Hayley Wheatley (March 2019)

Description: 32 Counts, 4 Wall, Improver level line dance

Music: "Throw back" By The James Barker Band

Intro: 16 Counts

Restart: On wall 3 after 16 counts restart to face 6:00

S1: SIDE STEP, TOUCH, OUT, IN, GRAPEVINE ¼ TURN WITH SCUFF, ROCKING CHAIR, HEEL FORWARD, CLAP, TOE BACK, CLAP		
1&2&	Step RF to R side, Touch L toe beside RF, Touch L toe out to L side, Touch L toe beside RF	12:00
3&4&	Step LF to L side, Step RF behind LF, Step Fwd on LF making ¼ turn L, Scuff RF fwd	9:00
5&6&	Rock fwd on RF, Recover onto LF, Rock back onto RF, Recover onto LF	9:00
7&8&	Tap R heel Fwd, Clap, Touch R toe back, Clap	9:00
S2: HEEL STRUTS FORWARD X4, STEP, PIVOT ½ TURN, STEP, PIVOT ¼ TURN (WITH SHIMMIES)		
1&2&	Tap R heel fwd, drop weight onto RF, Tap L heel fwd, Drop weight onto LF	9:00
3&4&	Tap R heel fwd, drop weight onto RF, Tap L heel fwd, Drop weight onto LF	9:00
5&6	Step fwd onto RF, Shimmy shoulders fwd, pivot ½ turn L	3:00
7&8	Step fwd on RF, Shimmy shoulders fwd, Pivot ¼ turn L (If you don't want to shimmy, just hold for the & counts) <i>**Restart here during wall 3 facing 6:00**</i>	12:00
S3: STOMP, TOE FAN, STOMP, TOE FAN, JAZZ BOX CROSS, WEAVE		
1&2&	Stomp RF fwd, Fan toes out, in, out	12:00
3&4&	Stomp LF fwd, Fan toes out, in, out	12:00
5&6&	Cross RF over LF, Step back onto LF, Step RF to R side, Cross LF over RF	12:00
7&8&	Step RF to R side, Step LF behind RF, Step RF to R side, Cross LF over RF	12:00
S4: SIDE ROCK, RECOVER, KICK TOE TWICE, SIDE ROCK RECOVER, KICK TOE TWICE, STEP BACK TO DIAGONAL, TOUCH, STEP BACK TO DIAGONAL, TOUCH, MONTEREY ¼ TURN		
1&2&	Rock RF to R side, Recover onto LF, Kick RF fwd twice	12:00
3&4&	Rock RF to R side, Recover onto LF, Kick RF fwd twice	12:00
5&6&	Step back on RF to R diagonal, Touch L toe beside RF, Step back on LF to L diagonal, Touch R toe beside LF	12:00
7&8&	Touch R toe to R side, Close RF beside LF while making ¼ turn R, touch L toe to L side, Close RF beside LF	3:00

Ending: On wall 8, dance up to the last section and modify counts 31& to make a ½ turn Monterey instead of a ¼ turn Monterey. You will finish facing the front wall.

Contact: Hcwheatley@live.com Laurasway@yahoo.com