

**Dance Name:** Worn Out Heart

**Description:** 48 Count 2 wall Improver Linedance with 1 Restart     **Intro:** 32 counts

**Choreographed by:** Charles and Sandra (U.K) (July 2019) E-mail: [mercuryldance@gmail.com](mailto:mercuryldance@gmail.com)

**Music:** Worn Out Heart by Sunny Sweeney available on Itunes

***(Section 1) Step, ¼ pivot, Right Shuffle, Forward Rock, ¼ Shuffle***

1 2 Step Right Forward, Pivot ¼ Left 9:00  
3&4 Step Right Forward, Step Left beside Right, Step Right Forward  
5 6 Rock Forward on Left, Recover on Right  
7&8 ¼ Turn Left Stepping Left to Side, Step Right beside Left, Step Left to Side 6:00

***(Section 2) Cross Shuffle, Side Rock, Behind Side Cross, Side Rock***

1&2 Cross Right over Left, Step Left to Side, Cross Right over Left  
3 4 Rock Left out to Left side, Recover on Right,  
5&6 Cross Left Behind Right, Step Right to Side. Cross Left over Right  
7 8 Rock Right out to Right Side, Recover on Left

***(Section 3) Dwight Swivels, ½ Pivot, Kick Ball Change***

1 Swivel Left heel Right touching Right toe beside Left foot  
2 Swivel Left to Right touching Right heel diagonally forward Right  
3 Swivel Left heel Right touching Right toe beside Left foot  
4 Swivel Left to Right touching Right heel diagonally forward Right  
5 6 Step Right Forward, ½ Pivot Left 12:00  
7&8 kick Right forward, Step down on ball of Right, Step forward on Left

***(Section 4) Cross, Side, ¼ Sailor, ball Step, Scuff, Step. Tap***

1 2 Cross Right Over Left, Step Left to Side  
3&4 Cross Right behind Left turning ¼ Right, Step Left beside Right, Step forward on Right 3:00  
&5 6 Step ball of Left beside Right. Step forward on Right. Scuff Left forward  
7 8 Step Forward on Left, Tap Right toe Behind Left

***(Section 5) Right Lock Back, Back, Touch, step, ¼ Hitch turn Right, Left Shuffle***

1&2 Step Right Back, Lock Left Over Right, Step Right Back  
3 4 Step Left Back, Touch Right Toe in front of Left  
5 6 Step Right Forward, Hitch Left knee up as you turn 1/4 Right 6:00  
7&8 Step Left Forward, Step Right beside Left, Step Left forward (restart here on wall 5 at 6:00)

***(Section 6) ½ Pivot x2 , Cross Rock, Side Rock***

1 2 Step Forward Right, Pivot ½ Left 12:00  
3 4 Step Forward Right, Pivot ½ Left 6:00  
5 6 Cross Right over left, Recover on left  
7 8 Rock Right out to Right Side, Recover on Left