

Dance with D.O.C

Count: 256

Wall: 1

Level: Phrased Intermediate

Choreographer: Garam Lee (KOR) & Chae Yun Won (KOR) - May 2019

Music: Dance with D.O.C(D.O.C와 함께 춤을) by Hong Jin Young

Intro: after Vocal "1.2.3.4" start (on lyrics)

Sequence: C A B C Tag1 D E B` F C Tag2 D E

A : 64count : S1.S2 (16 count) x 4

S1 Forward step touch x2, Backward Step touch X 2

1-4 Forward diagonal step touch R.L

5-8 Backward diagonal step touch R.L

S2: 2 Times Hipbumps R.L.R.L

1-4 2 times Hipbumps R.L

5-8 Repeat

B: 64count : S1.2 x 4

B` : 68count : S1.2 x 2 + Tag 3.(4count) + S1.2 x2

S1. Inplace Weight change

1-4 Weight Change R.L.R.L

***Arm Movement : Knee. waist. Shoulder, arms above head.**

5-8 Repeat

***Arm Movement : Brush your hands down.**

S2.Side Together Side Touch R.L

1-4 Rf Side step. Lf Together beside Rf. Rf side step. Lf Touch beside Rf

***Arm Movement : Straighten your R arm and hammer it with your L arm.**

5-8 Lf Side step. Rf Together beside Lf. Lf side step. Rf Touch beside Rf

***Arm Movement : Straighten your L arm and hammer it with your R arm.**

C: 32count : S1.2 X 2

S1 Big step touch 2times hitch R.L

1-4 Rf Side Big step. Lf touch beside Rf. Lf 2time hitch

5-8 Lf Side Big step. Rf touch beside Lf. Rf 2time hitch

***Arm Movement : Open your arms sideways, fold your elbows, and hit your thighs down two times. Repeat 2times**

S2 Syncopation step touch x 4

1&2 Rf side step Lf touch beside Rf. Hold

3&4 Lf side step Rf touch beside Lf. Hold

5-8 Repeat

***Arm Movement : bend elbows next to my body and shake them front and back**

Tag 1: Charleston steps x 4 (16count)

1-2 Rf Forward Touch , Rf back step

3-4 Lf back Touch, Lf forward step

5-6 Rf Forward Touch , Rf back step

7-8 Lf back Touch, Lf forward step

****For more style you can make swivels during charleston step**

Tag 2: Charleston steps x3 12count

1-2 Rf Forward Touch , Rf back step

3-4 Lf back Touch, Lf forward step

5-6 Rf Forward Touch , Rf back step

7-8 Lf back Touch, Lf forward step

1-2 Rf Forward Touch , Rf back step

3-4 Lf back Touch, Lf forward step

****For more style you can make swivels during Charleston step**

Tag 3: Round Walk for make circle(4count) - Only B`

1-4 Rf 1/4 R(3:00) Lf1/4R (6:00). Rf 1/4 R(9:00) Lf1/4R (12:00).

D: 32 count

S1 2times kick ball point R.L Inplace walking RLRL

1&2 Rf forward kick. Rf Together beside Lf. Lf side point

3&4 Lf forward kick. Lf Together beside Rf. Rf side point

***Arm Movement : bend one's elbow and turn it out in a circle.**

5-8 Inplace walking. R.L.R.L

S2 = S1 Repeat

S3 4times Touch & Together step R.L.R.L with Hip movement

1-2 Rf Forward toe touch . Rf Together beside Lf. (R hip Up & down)

3-4 Lf Forward toe touch . Lf Together beside Rf. (L hip Up & down)

***Arm Movement : hands down**

5-8 Repeat

***Arm Movement : Bend your elbows and lift your shoulders**

S4 Out Out In In Inplace walking R.L.R.L

1-2 Rf forward Out step Lf forward Out step

3-4 Rf backward in step Lf backward together beside Rf

***Arm Movement : Bend your elbows shake Up and Down**

5-8 In place walking. R.L.R.L

E: 32count : S1.2 X 2

S1 Side Shuffle R.L 1/8L Weight change inplace R.L.R.L.R.L.R.L

1&2 Rf side step. Lf together beside Rf. Rf side step

3&4 Lf side step. Rf together beside Lf. Lf side step

***Arm Movement : two-hand hammering to R.L.**

5&6&7&8& 1/8L Rf together beside Lf. (10:30)

weight change Rf. Lf. Rf. Lf. Rf. Lf. Rf. Lf

***Arm Movement : two-hand continuous hammering to L up and down**

S2 Touch Touch Touch 1/8R step 2times Body Roll

1-4 Rf Forward toe touch(10:30) Side touch(1:30)Forward touch(10:30)

1/8 R side step(12:00)

***Arm Movement :Use the wrist snap to R, L, Up to above the head R wrist.**

5-8 2 times body roll up and down

***Arm Movement :L hand at the waist, R hand above the head.**

F : 32count S1.2.3.4

***Arm Movement : arms stretched out forward**

Raise your thumbs up and shake them from side to side

S1 : Forward stepping

1-8 Forward step Rf.Lf.Rf.Lf.Rf.Lf.Rf.Lf

S2: Backward stepping

1-8 Backward step Rf.Lf.Rf.Lf.Rf.Lf.Rf.Lf

S3 : R Round walking make circle

1-4 Rf 1/8 R(1:30) Lf1/8R (3:00). Rf 1/8 R(4:30) Lf1/8R (6:00).

5-8 Rf 1/8 R(7:30) Lf1/8R (9:00). Rf 1/8 R(10:30) Lf1/8R (12:00).

S4 : L Round walking make circle

1-4 Rf 1/8 L(10:30) Lf1/8L (9:00).Rf 1/8 L(7:30) Lf1/8L (6:00).

5-8 Rf 1/8 L(4:30) Lf1/8L (3:00).Rf 1/8 L(1:30) Lf1/8L (12:00).

Enjoy Dance

Contact :garamzzang@gmail.com