

# Going Back To My Roots

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Marja Urgert (NL) - April 2012

**Music:** Back To My Roots by Dr. Victor & The Rasta Rebels

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## Intro: 32 Counts

### **Point R, & Touch, Point R Hitch Ball Step, Swivel ¼ R, Swivel ¼ Turn L, Swivel ½ Turn R, R Coaster Step**

1&2 Point R to right side, Touch R beside L, Point R to right side  
3&4 Hitch R knee, Close R beside L, Step forward on L  
5&6 Swivel both heels to left make a ¼ turn right (3:00), Swivel both heels to left make a ¼ turn left (12:00) Swivel both heels to left make a ½ turn right (6:00)  
7&8 Step back on R, Close L beside R, Step forward on R

### **L Shuffle Fwd, Mambo R Fwd With ½ Turn R, Mambo L Fwd With ¼ Turn L, Mambo R Fwd With ½ Turn R**

1&2 Step forward on L, Step R beside L, Step forward on L  
3&4 Rock forward on R, Recover, ½ turn right step forward on R (12:00)  
5&6 Rock forward on L, Recover, ¼ turn left step forward on L (9:00)  
7&8 Rock forward on R, Recover, ½ turn right step forward on R (3:00)

### **Step Lock Step, Shuffle ½ Turn L, ¼ Turn L Chassé L, Cross mambo**

1&2 Step forward on L, Cross R behind L, Step forward on L  
3&4 Shuffle ½ turn left R,L,R (3:00) \*\*\*\*Tag & Restart\*\*\*\* Wall 5 & 10  
5&6 ¼ turn left step L to left side, Close R beside L, Stp L to left side (6:00)  
7&8 Cross rock R over L, Recover, Step R to right side

### **Kick L Diag Over R, Kick R Diag Over L, Mambo L Fwd Step L Back , ¼ Turn R, Flick L Behind R, Step L Side, Cross R Behind L, Touch R Next L**

1&2& Kick L diag right, Close L beside R, Kick R diag left, Close R beside L  
3&4 Rock forward on L, Recover, Step back on L  
5&6 ¼ right step R to right side, Flick L behind R, Step L to left side  
7&8 Cross step R behind L, Step L to left side, Touch R beside L (3:00)

### **TAG & RESTART: During wall 5 (9:00) and wall 10 (6:00) after 20 counts**

**Dance the first 20 counts, then do 1 count TAG: & Close L beside R, And RESTART the dance**

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