

# I'ma TREAT MYSELF!!!

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**Count:** 32

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Val Saari (January 2019)

**Music:** Treat Myself - Meghan Trainor

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## **SHUFFLE DIAGONALLY FWD X 2, (RL)**

1-2 Step RF diagonally right (2:00), Step LF beside R  
3&4 Shuffle forward RLR (2:00)  
5-6 Step LF diagonally forward left (10:00), Step RF beside L  
7&8 Shuffle forward LRL (10:00)

## **V-STEP, SHUFFLE BACK RLR, LRL PIVOT 1/2 L**

1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)  
3-4 Step RF back to centre, Step LF together  
5&6 Shuffle back RLR  
7&8 Shuffle back LRL Pivot 1/2 L

## **RF STOMP, KICK, MAMBO BACK, LF STOMP, KICK, MAMBO BACK**

1-2 Stomp RF down, kick RF forward  
3&4 Rock RF back, Recover LF, Step RF beside left  
5-6 Stomp LF down, kick LF forward  
7&8 Rock LF back, Recover RF, Step LF beside R

## **R SIDE MAMBO (CHA CHA CHA), L SIDE MAMBO, KICK R**

1-2 RF Rock side right, LF recover  
3&4 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)  
5-6 LF Rock side left, RF recover  
7-8 Step LF beside Right, Kick RF forward

**REPEAT - No Tags, No Restarts**

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