

Mama's Heart Of Gold

Count: 34

Wall: 4

Level: Improver

Choreographer: Micaela Svensson Erlandsson, Swe, November 2016

Music: Mama Courtney by Robert Mizzell

Intro: 36 Count

Section 1: Side. Touch. Side. Behind. Side. Cross. Side. Touch. Side. Behind. $\frac{1}{4}$ Turn right. Step.
1&2 Step right to right side. Touch left beside right. Step left to left side.
3&4 Cross right behind left. Step left to left. Cross right over left.
5&6 Step left to left side. Touch right beside left. Step right to right side.
7&8 Cross left behind right. Turn $\frac{1}{4}$ right stepping forward on right. Step forward on left.

Section 2: Mambo Step. Coaster Step. Step. $\frac{1}{2}$ Turn left. $\frac{1}{2}$ Chase Turn left.
1&2 Rock forward on right. Recover onto left. Step back on right.
3&4 Step back on left. Step right beside left. Step forward on left.
5-6 Step forward on right. Turn $\frac{1}{2}$ left.
7&8 Step forward on right. Turn $\frac{1}{2}$ left. Step forward on right.

Bridge here: On wall 3 facing 9 O'clock. Wall 6 Facing 12 O'clock. Wall 7 Facing 9 O'clock.

Section 3: Rock Step. Shuffle $\frac{1}{2}$ Turn left. Heel Switches. Rock Step.
1-2 Rock forward on left. Recover onto right.
3&4 Make a Shuffle $\frac{1}{2}$ turn back over the left shoulder stepping left, right, left.
5&6& Touch right heel forward. Step right in place. Touch left heel forward. Step left in place
7-8 Rock forward on right. Recover onto left.

Section 4: Back Shuffle. Coaster Step. Skate. Skate. Right Vaudeville.
1&2 Step back on right. Close left beside right. Step back on right.
3&4 Step back on left. Step right beside left. Step forward on left.
5-6 Skate forward on right. Skate forward on left.
7& Cross right foot over left. Step back on the left foot.
8& Touch right heel forward. Step right in place.

Section 5: Cross Shuffle.
1&2 Cross left over right. Step right foot to right side. Cross left over right.

Bridge: Walk forward on left. Walk forward on right.

On Wall 3 (Facing 9 O'clock) Wall 6 (Facing 12 O'clock) Wall 7 (Facing 9 O'clock)

Tag: After Wall 3(Facing 3 O'clock)

Right Scissor Step. Left Scissor Step.