

# Follow The Sun

Count: 64

Wall: 4

Level: Easy Intermediate

Choreographer: Francien Sittrop (NL) - March 2016

Music: Follow the Sun (Black Box Radio Edit) – Time Square feat Xavier Rudd. Album:  
Single

**Intro: Start after 16 counts from the beginning**

**[1 - 8] Prissy Walks fwd, Shuffle fwd, Rock step, Recover, Coaster cross**

1 – 2 Step R across L, Step L across R  
3 & 4 Step R fwd, Step L next to R, Step R fwd  
5 – 6 Rock L fwd, Recover on R  
7 & 8 Step L back, Step R next to L, Step L across R

**[9-16] Rolling Vine, Side Shuffle, Cross Rock , Recover, Sailor step ¼ Turn L**

1 – 2 ¼ Turn R step R fwd, ½ Turn R step L back  
3 & 4 ¼ Turn R step R to R side, Step L next to R, Step R to R side  
5 – 6 Rock L across R, Recover on R  
7 & 8 Sweep L behind R with ¼ Turn L, Step R to R side, Step L fwd (09.00)

**[17-24] Skates R – L , Shuffle fwd, Step fwd, Touch and Step, Scuff**

1 – 2 Skate R fwd, Skate L fwd  
3 & 4 Step R fwd, Step L next to R, Step R fwd  
5-6& Step L fwd, Touch R next to L, Step R next to L  
7 – 8 Step L fwd, Scuff R fwd

**[25-32] Diag Steps with touch, Coaster Step**

1 – 2 Step R Diagonally R fwd, Touch L next to R  
3 – 4 Step L Diagonally L back, Touch R next to L  
5 – 6 Step R Diagonally R back, Touch L next to R  
7 & 8 Step L back, Step R next to L, Step L fwd \*\*R\*\*

**[33-40] Side, Together , Shuffle fwd, Side , Together, Walks back L-R**

1 – 2 Step R to R side, Step L next to R  
3 & 4 Step R fwd, Step L next to R, Step R fwd  
5 – 6 Step L to L side, Step R next to L  
7 – 8 Step L back, Step R back

**[40-48] Side rock , Recover, Sailor step, Sailor step ¼ R, Step fwd, Pivot ½ R**

1 – 2 Rock L to L side, Recover on R  
3 & 4 Sweep L behind R, Step R next to L, Step L to L side  
5 & 6 Sweep R behind L with ¼ Turn R, Step L to L side, Step R fwd (12.00)  
7 – 8 Step L fwd, Pivot ½ Turn R (06.00) \*\*R\*\*

**[49-56] Step Fwd, Sweep, Step fwd, Sweep, Jazz Box ¼ Turn L**

1 – 2 Step L fwd, Sweep R fwd  
3 – 4 Step R fwd, Sweep L fwd  
5 – 8 Step L across R, Step R back, ¼ Turn L step L to L side, Step R fwd (03.00)

**[57-64] L Heel fwd ,R Heel fwd, Back, Back, Step fwd, Pivot ½ R, Shuffle fwd**

1 – 2 Step on L heel fwd, Step on R heel fwd ( with toes up)  
3 – 4 Step L back, Step R next to L  
5 – 6 Step L fwd, Pivot ½ Turn R (09.00)  
7 & 8 Step L fwd, Step R next to L , Step L fwd

**Restarts:-**

**During wall 1 : After count 32, Start again with count 1**

**During wall 3 : After count 48, Add an & count step L next to R and start again with count 1**

**During wall 7 : After count 32, Start again with count 1 .**

**Ending: Wall 8 is the last wall (front wall) Dance until count 14( Cross Rock Recover) Then make Coaster step**

**Website : [www.franciensittrop.nl](http://www.franciensittrop.nl)**