Lala Swing

Count: 32   **Wall:** 4   **Level:** Intermediate

Choreographer: Tim Johnson (UK) & Jean-Pierre Madge (CH) - August 2021

Music: Lalalalalalalalalala (Acoustic) - Mikolas Josef

Count In: Dance begins after 16 counts
Notes: Ensure the track is the Acoustic version.

[1-8] Walk L,R,L, right Sailor ½ , ½ turn L, ½ turn R sweeping L, behind L, side R

1-2-3	Walk forward L (1) Walk forward R (2) Walk forward L (3)
4&5	Making a ½ turn to the right, step R behind L (4) step L to left side (&) step R forward (5) 6:00 prep your body to turn left
6 - 7	Making a ½ turn to the left, step L forward (6) making another ½ turn to the left step back on R sweeping L behind R (7)6:00
8&	Step L behind R (8) step R to right side (&)

[9-16] Cross L over R, Hold, Weave right, rock right, recover, ½ R , ½ L, behind.

1-2	Cross L over R (1) Hold (2)
&3&4	Step R to right side (&) Step L behind R (3) Step R to R side (&) Cross L over R (4)
5-6	Rock R out to right side (5) Recover weight back onto L (6)
7-8&	making a ½ turn to the right, step R to right side (7) making another ½ turn to the right, step L to left side (8) step R behind L (&) 6:00

[17-24] Step L to left side, sway R,L behind ¼ side, weave right, ¼ turn right shuffle

1-2-3	Step L to left side, swaying hips to the left (1) sway hips right (2) sway hips left (3)
4&5	Step R behind L (4) making a ¼ turn to the left, step forward on L (&) Step R to right side (5)3:00
6&7	Step L behind R (6) step R to right side (&) cross L over R (7)
8&	Making a ¼ turn to the right, Step forward on R (8) step L behind R (&)6:00

[25-32] L Step ½ turn step, ¼ R shuffle, ½ L shuffle, rock back R

1	Step forward R (1)
2&3	Step forward L (2) making a ½ turn to the right, step forward on R (&) Step forward on L(3)12:00
4&5	Making ¼ turn to the left, step R to right side (4) step L next to R (&) step R to right side (5)9:00
6&7	Making a ½ turn to the left, step L to left side (6) step R next to L (&) step L to left side (7)3:00
8	Rock back on R (8) ready to restart the dance stepping forward on L for count 1.

End of dance, Smile and enjoy