

ALABAMA Rain

COUNT: 32 WALL: 4 LEVEL: Low Intermediate

CHOREOGRAPHER: Val Saari (Canada, October, 2019)

MUSIC: Alabama Rain, Jim Croce

Begin after 16 Counts

TOE-STRUTS FWD, RF MODIFIED SCISSORS, L VINE 3/4 TURN L, COASTER STEP

1&2& Touch RF toes forward, Step heel down, Touch LF toes forward, Step heel down

3&4 Rock RF right, Step LF together, Cross RF forward over left, hold

5&6& Step LF left, Step RF behind L, Step LF 1/4 turn left, Step RF 1/2 turn left

7&8 Rock LF back, Step RF together, Step LF forward, hold

MODIFIED SCISSORS R, L 1/4 TURN R, TOE STRUT V-STEP

1&2 RF Step R, Step LF together, RF crosses LF and Hold (push and cross)

3&4 LF Step L 1/4 Turn R, Step RF together, LF crosses RF and Hold (push and cross)

5&6& Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down

7&8& Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down*

VINE R, HITCH, VINE L 1/4 TURN L, HITCH, FORWARD & BACK MODIFIED MAMBOS

1&2& Step RF to right side, Step LF behind R, Step RF right, Hitch LF

3&4& Step LF to left side, Step RF behind L, Step LF left 1/4 turn L, Hitch RF

5&6 RF Rock forward, LF recover, Step RF back

7&8 LF Rock back, RF recover, Step LF forward

HEEL-STRUTS MAKING 1/2 TURN TO RIGHT ("ARC" PATTERN), SIDE MAMBOS (R,L)

1&2& Step RF forward on heel, Step toes down/ Step LF forward on heel, Step toes down

3&4& Step RF forward on heel, Step toes down, Step LF forward on heel, Step toes down

5&6 RF Rock side right, LF recover, Step RF beside Left
7&8 LF Rock side left, RF recover, Step LF beside Right
Begin Again

*TAG: 2 Counts & Restart, On Wall 3 after 16 Counts

CROSS UNWIND 3/4 L

1-2 Cross RF over left, Unwind 3/4 left

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