

# Grown

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Daniel Trepatt (NL) Nov. 2015

Music: Grown by Little Mix

**Intro: 32 counts from first beat in music (app. 11 sec. into track)**

**Restart: In the 4th Wall after 32 counts**

**[1 – 8] Side, Diagonal Kick, Side, Touch, Shuffle ¼ turn R, Hold**

1 – 2 Step R to R side (1), Kick L diagonally R forward (2) 12:00  
3 – 4 Step L to L side (3), Touch R next to L (4) 12:00  
5 – 8 Step R to R side (5), Step L next to R (6), ¼ turn R stepping R forward (7), Hold (8) 3:00

**[9 – 16] Step turn, Step fwd, Hold, 1 ¼ turn L, Hold**

1 – 4 Step L forward (1), ½ turn R stepping R forward (2), Step L forward (3), Hold (4) 9:00  
5 – 8 ½ turn L stepping R back (5), ½ turn L stepping L fwd (6), ¼ turn L stepping R to R side (7), Hold (8) 6:00

**[17 – 24] Sailor ¼ turn L, Step fwd, Touch ¼ turn L, Side, Touch**

1 – 4 Cross L behind R (1), ¼ turn L stepping R slightly to R side (2), Step L forward (3), Hold (4) 3:00  
5 – 6 Step R forward (5), ¼ turn L touching L next to R (6) 12:00  
7 – 8 Step L to L side (7), Touch R next to L (8) 12:00

**[25 – 32] R Heel out, L Heel out, R in, L in, Out Out, Down, Up**

1 – 4 R heel diagonal R forward (1), L heel diagonal L forward (2), R back in place (3), L back in place (4) 12:00  
5 – 8 Step R out (5), Step L out (6), Bend knees (7), stretch legs and bring feet together (8) 12:00

**Restart In the 4th wall you will do the restart here**

**[33 – 40] 2X Step lock steps with Scuff**

1 – 4 Step R diagonally forward (1), Lock L behind R (2), Step R diagonally forward (3), Scuff L forward (4) 12:00  
5 – 8 Step L diagonally forward (5), Lock R behind L (6), Step L diagonally forward (7), Scuff R forward (8) 12:00

**[41 – 48] Step fwd, Touch ¼ turn L, Side, Hold, ½ turn R, Side, Hold**

1 – 2 Step R forward (1), ¼ turn L touching L next to R (2) 9:00  
3 – 4 Step L to L side (3), Hold (4) 9:00  
5 – 8 Cross R over L (5), ¼ turn R stepping L back (6), ¼ turn R stepping R to R side (7), Hold (8) 3:00

**[49 – 56] Syncopated half diamond**

1 – 4 1/8 turn R stepping L forward (1), 1/8 turn L stepping R to R side (2), 1/8 turn L stepping L back (3), Hold (4) 1:30  
5 – 8 Step R back (5), 1/8 turn L stepping L to L side (6), 1/8 turn L stepping R forward (7), Hold (8) 10:30

**[57 – 64] Rock step, 1/8 turn L, Toe Heel Toe to L, Hitch**

1 – 4 Rock L forward (1), Hold (2), Recover on R (3), Hold (4) 10:30  
5 – 8 1/8 turn L stepping L to L side & turn toes out (5), Turn L heel out (6), Turn L toes out (7), Hitch R (8) 9:00

**HAPPY FACE AND SEE YOU SOON!!!**