

Constance Rock

Count: 32

Wall: 4

Level: Improver

Choreographer: Gudrun Schneider (DE), Ivonne Verhagen (NL), Remco Zwijgers (NL), Fabian Müller (CH), Marianne Fuhr (DE) & Marion Hofman - October 2023

Music: Let's Dance - Michelle Ryser

Intro: 16 counts, approximately 10 sec.

SEC 1 ROCK STEP, COASTER STEP, ROCK STEP, SHUFFLE BACK

1-2 RF rock forward, Recover on LF
3&4 RF step back, Close LF to RF, RF step forward
5-6 LF rock forward, Recover on RF
7&8 LF step back, Close RF to LF, LF step back

SEC 2 ¼ TURN & STEP SIDE, TOUCH, ¼ TURN & STEP FORWARD, TOUCH, POINT RIGHT & LEFT & BRUSH, HITCH, TOUCH

1-2 ¼ turn right & RF step side, Touch LF to RF (3h)
3-4 Turn ¼ left & LF step forward, Touch RF to LF (12h)
5&6& Point RF to the right side, RF step in place, Point LF to the left side, LF step in place
7&8 RF brush forward, RF hitch knee up, RF touch to LF

**** Restart here on wall 5 & 10**

SEC 3 SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND & CROSS

1-2 RF rock to the right side, Recover on LF
3&4 RF cross over LF, LF step side, RF cross over LF
5-6 LF rock to the left side, Recover on RF
7&8 LF cross behind RF, RF step side, LF cross over RF

SEC 4 SIDE SHUFFLE, ¼ TURN & SIDE SHUFFLE, PIVOT ½ TURN, WALK WALK

1&2 RF step to the right side, LF close to RF, RF step side
3&4 ¼ turn left & LF step to the left side, RF close to LF, LF step to the left side (9h)
5-6 RF step forward, ½ turn left & weight on LF (3h)
7-8 RF step forward, LF step forward

We made this dance special for the event from Werner Greuter!

15 YEARS Konstanz Line Dance Festival in Konstanz am Bodensee