



## Rising Girl (活力四射的女孩)

**Choreographer: Janet (Zhen Zhen) Ge, China (July 2021)**

**Music: Rising Girl by Lovestoned (Radio Version)**

**Descriptions: 48 count – 2 wall – Phrased Improve Level**

**Sequence: AB - ABB - AABBB**

**Into: 16 count**

**Part A ( 32count )**

**1-8 Fwd Mambo, Back Mambo, Mambo Cross, 1/2 Turn Back-Side-Cross**

1&2 Rock right forward, recover on left , step left back

3&4 Rock left back, recover on right , step left forward

5&6 Rock right to side, recover on left, cross right over left

7&8 1/4 Turn R stepping left back, 1/4 turn R stepping right to side, cross left over right (6:00)

**9-16 Mambo Cross, Side, Sailor Cross, 1/4 Turn Mambo, Camel walk**

1&2&3 Rock right to side, recover on left, cross right over left, step left to side

3&4 Cross right behind left, step left to side, cross right over left

5&6 Rock left to side, 1/4 turn R recover on right, step left forward (9:00)

7&8 Step right forward with left toe beside right, step left forward with right toe beside left

**17-24 Rumba Box, Anchor Step/Sweep (x2)**

1&2&3 Step right to side, step left together, step right forward, touch left together ( or hold )

3&4 Step left to side, step right together, step left back

5&6 Step right back, step left in place, step right back/with left from front to back

7&8 Step left back, step right in place, step left back/with right from front to back

**25-32 1/4 Turn Coaster Step, 1/2 Pivot Fwd, K Step**

1&2 1/4 Turn stepping right back, step left together, step right forward (12:00)

3&4 Step left forward, 1/2 pivot turn R, step left forward (6:00)

5&6&7 Step right forward diagonal R, touch left together, step left back diagonal L, touch right together

7&8&9 Step right back diagonal R, touch left together, step left forward diagonal L, touch right together

**Part B ( 16count )**

**1-8 Back/Twist (x4), Coaster Step, 1/2 Pivot Fwd**

1234 Step right back & twist ball of left out, step left back & twist ball of right out (x2)

5&6 Step right back, step left together, step right forward

7&8 Step left forward, 1/2 pivot turn R, step left forward (6:00)

**9-16 Swivel Both Heels-Toe-Heels, V Step, Swivel Both Heels Out / In**

1&2&3 Step right to side while swivel both heels-toes-heels to R, flick left behind right

3&4&5 Step left to side while swivel both heels-toes-heels to L, flick right behind left

5&6&7 Touch right heel forward diagonal R, touch left heel forward diagonal L, step right in, step left in

7&8&9 Swivel your both heels out, swivel both heels in ( twice)

**Have Fun!**

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