

Promised

Count: 32

Wall: 4

Level: Easy Novice

Choreographer: José Miguel Belloque Vane (NL) & Sebastiaan Holtland (NL) - November 2015

Music: Promised Land - Omi : (CD: Me 4 U 2015)

Introduction: 32 counts, start on approx. 16 sec. (No Tags or Restarts).

Part I. [1-8] Toe Strut Across, Kick ball Cross, ¼ L, Back, ¼ L, Side, Cross & Cross.

1-2 Step L across R on toe, Step L back in place.
3&4 Kick R diagonal forward, Step R back in place, Step L across R.
5-6 Making ¼ turn L (9) step R back, Making ¼ turn L (6) step L to L.
7&8 Step R across L, Step L slightly to L, Step R to R.

PART II. [9-16] 1/8 L, Step, Kick, Side, Kick Diag, Behind, 1/8 R, Cross & Cross.

1-4 Making 1/8 turn L (4.30) step L forward, Kick R forward, Making 1/8 turn R (6) step R to R, Kick L forward.
5-6 Step L behind R, Step R to R.
7&8 Step L across R, Step R slightly to R, Step R to R.

PART III. [17-24] Side, Hold, Sailor Step, Sailor Turn ¼ L, Sailor Turn Across ¼ L.

1-2 Step R to R, Hold.
3&4 Step L behind R, Step R to R, Step L to L.
5&6 Step R behind L, Making ¼ turn L (3) step L to L, Step R forward.
7&8 Step L behind R, Making ¼ turn L (12) step R to R, Step L across R.

PART IV. [25-32] Back Jump Diag, Hold, Side Jump, 1/8 L, Back Jump Diag, Full Turn L, 1/8 L, Side.

&1-2 Jump R back diagonal, Touch L next to R, Hold (facing 12 o'clock).
&3 Jump L to L, Touch R next to L (facing 12 o'clock).
&4 Making 1/8 turn L (10.30) jump R Back, Touch L next to R.
5-6 At (10.30) step L forward, Making ½ turn L (4.30) step R back.
7-8 Making ½ turn L (10.30) step L forward, Making 1/8 L turn L (9) step R to R.

REPEAT DANCE AND HAVE FUN!!!

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