

Wounded Heart

Count: 32

Wall: 4

Level: Beginner

Choreographer: Lee Hamilton (SCO) February 2019

Music: Believe Me Baby (I Lied) by Tricia Yearwood (iTunes)

Intro: 24 Counts

Section 1 [1-8] R Cross Rock, R Side Chasse, L Cross Rock, L Side Chasse

12 Cross Rock R over L (1), Recover onto L (2),
3&4 Step R to R side (3), Close L beside R (&), Step R to R side (4),
56 Cross Rock L over R (5), Recover onto R (6),
7&8 Step L to L Side (7), Close R beside L (&), Step L to L Side (8),

Section 2 [9-16] R Rock Fwd, R Coaster Step, L Rock Fwd, 1/4 L, R Touch

12 Rock R Fwd (1), Recover onto L (2),
3&4 Step R Back (3), Close L beside R (&), Step R Fwd (4),
56 Rock L Fwd (5), Recover onto R (6),
78 Make a 1/4 L by stepping L to L Side (7), Touch R beside L (8),

Section 3 [17-24] R Side Chasse, L Rock Back, L Side Chasse, R Rock Back

1&2 Step R to R side (1), Close L beside R (&), Step R to R side (2),
34 Cross Rock L behind R (3), Recover onto R (4),
5&6 Step L to L Side (5), Close R beside L (&), Step L to L Side (6),
78 Cross Rock R behind L (7), Recover onto L (8),

Section 4 [25-32] R Side Strut, L Cross Strut, R Side Rock, R Behind, L Side

12 Step R Toe to R Side (1), Flatten R Foot (2),
34 Cross L Toe over R (3), Flatten L Foot (4),
56 Rock R to R Side (5), Recover onto L (6),
78 Cross R behind L (7), Step L to L Side (8),

Ending on Wall 13: Change count 7 in Section 2 to 'L Step Back' to finish on front wall.

Have fun! :)

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