

## PUT THE HURT ON ME

Choreographer: Denisse Delgado (MX)

Description: 32 Counts, 4 Walls, 1 Tag

Level: Improver

Music: Put the hurt on me by Midland

### **CROSS ROCK, RECOVER, CHA CHA R, SWAY L&R, LF BACK, CROSS RF, STEP LF SIDE**

- 1, 2 Cross RF over L, Recover LF
- 3&4 Step RF to side, LF next to right, Step RF to side
- 5, 6 Hip to the left, Hip to the right
- 7&8 LF behind, Cross RF over left, Step LF to side

### **ROCK, RECOVER, CHA CHA R, ¼ TURN TO R and STEP LF, ½ TURN TO R, POINT LF FORWARD, HOLD**

- 1, 2 Rock RF back, Recover LF
- 3&4 Step RF to side, LF next to right, Step RF to side
- 5, 6 ¼ turn to R and Step LF forward, ½ turn to R (9:00)
- 7, 8 Point LF forward, Hold

### **BALL CHANGE, ROCK RF FORWARD, RECOVER LF, STEP RF BACK, SAILOR ¼, STEP RF FORWARD, ½ TURN TO L**

- & 1,2 Step RF forward, Step LF forward, Rock RF forward
- 3, 4 Recover LF, Step RF Back
- 5&6 ¼ turn to L and Cross right behind left, step left to side, step right to side
- 7, 8 Step right foot forward, ½ turn to Left

### **¼ TURN TO L, STEP RF, SLIDE LF, ROCK LF BACK, CROSS RL, STEP LF TO SIDE, SWAY R&L, ROCK, RECOVER**

- 1, 2 ¼ turn to L and Step right foot to side, Slide with right foot
- &3,4 Rock LF bak, Cross RF over L, Step LF to side
- 5,6 Hip to the right, Hip to the left
- 7, 8 Rock RF back, Recover LF

TAG: 2<sup>nd</sup> wall after 4<sup>th</sup> section:

### **SHUFFLE FORWARD RF, ROCK LF, RECOVER RF, SHUFFLE BACK LF, ROCK RF RECOVER LF**

- 1&2 Step RF forward, Left foot near to right, Step RF forward
- 3, 4 Rock LF forward, Recover RF
- 5&6 Step LF back, RF near to L, Step LF back
- 7, 8 Rock RF back, Recover LF

### **2 STEP TURN TO L**

- 1, 2 Step RF forward, ½ turn to L
- 3, 4 Step RF forward, ½ turn to L

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Enjoy it!!