

# Knockin' On Wood

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Daniel Whittaker (UK) & Karl-Harry Winson (UK) - September 2013

Music: "Knock On Wood" by Safri Duo. Album: "Greatest Hits" [04.12]

## Intro: 64 Count Intro.....

(as there is a long intro to this track, wait 64 counts before you start the dance.

You will be dancing wall 1 during the instrumental, the lyrics will kick in on Wall 2)

### S1: Right Diagonal Step Lock. & Heel-Hold. Ball-Cross. Side Step. Sailor 1/4 Cross.

- 1 – 2 Step Right foot to Right diagonal. Lock Left behind Right.  
&3-4 Step Right to Right diagonal. Dig Left heel towards Left Diagonal. Hold  
&5-6 Step Left foot beside Right. Cross step Right over Left. Step Left to Left side.  
7&8 Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Cross step Right over Left.

### S2: Left Diagonal Step Lock. & Heel-Hold. Ball Cross. 1/4 Turn Left. Triple 1/2 Turn Left.

- 1 – 2 Step Left foot to Left diagonal. Lock Right behind Left.  
&3-4 Step Left foot to Left diagonal. Dig Right heel towards Right diagonal. Hold.  
&5-6 Step Right foot beside Left. Cross step Left over Right. Make 1/4 Turn Left stepping back on Right.  
7&8 Make 1 triple 1/2 Turn Left stepping: Left, Right, Left.

### S3: Syncopated Jumps Forward and Back (with Claps). Toe Switches X3. Hitch-Cross.

- &1-2 Jump forward Stepping forward out on the Right. Stepping forward and out on the Left. Hold/Clap Hands.  
&3-4 Jump back Stepping back and out on the Right. Stepping back and out on the Left. Hold/Clap Hands.  
5&6 Point Right toe out to Right side. Step Right beside Left. Point Left toe out to Left side.  
&7 Step Left foot in beside Right. Point Right toe to Right side.  
&8 Hitch Right knee up. Cross step Right over Left.

### S4: Back Step. Side Step. Left Cross Shuffle. Rolling Vine Right. Point.

- 1 – 2 Step back on Left. Step Right to Right side.  
3&4 Cross Left over Right. Step Right to Right side. Cross step Left over Right.  
5 – 7 Make 1/4 Right stepping Right forward. Make 1/2 Right stepping Left back. Make 1/4 Right stepping Right to Right side.  
8 Point Left toe out to Left side and point both arms up towards the Left diagonal. Look in the same direction as you do this.

### S5: 1/4 Turn Left. 1/4 Turn Grapevine Right. Cross Rock. Shuffle 1/4 Turn.

- 1 – 2 Make 1/4 Turn Left putting the weight forward on the Left. Make 1/4 Turn Left stepping Right to Right side.  
3 – 4 Cross step Left behind Right. Step Right to Right side.  
5 – 6 Cross rock Left over Right. Recover weight on Right.  
7&8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.

### S6: Turning Toe Touches/Toe Struts X3. Back Rock.

- 1 – 2 Make 1/4 Turn Left pointing Right toe to Right side. Put the weight onto the Right/Drop the heel as you make 1/4 Turn Left. (Click Both hands up at shoulder level as you do this on count 2).  
3 – 4 Touch Left toe back. Make 1/4 Turn Left putting weight onto the Left/Drop the heel. (Click both hands down at waist level as you do this on count 4).  
5 – 6 Make 1/2 Turn Left Pointing Right toe out to Right side. Put weight onto the Right/Drop the heel. (Click both hands up at shoulder level as you do this on count 6).  
7 – 8 Rock back on Left. Recover weight forward on Right.

### S7: Left Kick Ball-Cross. Side-Drag/Touch. Right Kick Ball-Cross. Side-Drag/Touch.

- 1&2 Kick Left foot to Left diagonal. Step Left beside Right. Cross step Right over Left.  
3 – 4 Step big step with Left foot to Left side. Drag Right foot towards Left and touch beside Left.

#### \*Restart Here on Wall 3 facing 6.00.

- 5&6 Kick Right foot towards Right diagonal. Step Right beside Left. Cross step Left over Right.  
7 – 8 Step big step with Right foot to Right side. Drag Left foot towards Right and touch beside Right.

**S8: Back Rock. Step Pivot 1/2 Turn. Left Shuffle 1/2 Turn. Back Rock.**

- 1 – 2 Rock back on Left. Recover weight forward on Right.
- 3 – 4 Step forward on Left. Pivot 1/2 Turn Right.
- 5&6 Shuffle 1/2 Turn Right stepping: Left, Right, Left.
- 7 – 8 Rock back on Right. Recover weight forward on Left.

**Tag 1: Happens at the end of Wall 2 facing 12.00 & End of Wall 5 facing 6.00**

**Right Jazz Box. Jazz Jump Forward. Hold. Hips Bumps Right and Left.**

- 1 – 4 Cross Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.
- &5-6 Step forward and out on Right. Step forward and out on Left. Hold.
- 7 – 8 Bump Hips Right. Bump Hips Left.

**Tag 2: Happens end of Wall 4 facing 12.00.**

**Right Jazz Box.**

- 1 – 4 Cross Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.

**Contacts: [daniel.whittaker@dancefeveruk.com](mailto:daniel.whittaker@dancefeveruk.com) -or- [karlwinsondance@hotmail.com](mailto:karlwinsondance@hotmail.com)**