

# Promised Land

**Count:** 64

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Marian Van Der Heijden – April 2016

**Music:** Omi - Promised Land

## Section 1

1-4 R.H. Step By Step Diagonal Diagonal L.V. R.V Schuffel Back  
5-8 L.V Step Back From .R.V Step Out Next L.V. And For L.V Schuffel

## Section 2

**Repeat Section 1**

## Section 3

1-8 R.V 2 X Flip Ball Change And R.V Jazzbox Schuffel Aside And Right

## Section 4

1-8 L.V 2 X Flip Ball Change And L.V Jazz Box And Left Side Schuffel

## Section 5

1-4 R.V Step Aside And Right Schuffel  
5-8 L.V Step Aside With A Quarter Left (9 Hours) Schuffel Links

## Section 6

1-4 R.V Step Aside With A Quarter (6 Hours) And Right Schuffel  
5-8 Grapevine Close To Left R.V

## Section 7

1-4 R.V Flip 2x Diagonal For .L.V  
5-8 L.V Flip 2x Diagonal For R.V

## Section 8

1-4 R.V Flip 2x Diagonal Back.  
5-8 L.V Flip 2x Diagonal Back

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