

Hand on your HEART

COUNT: 32 WALL: 4 LEVEL: High Beginner

CHOREOGRAPHER: Val Saari (Feb. 2023)

MUSIC: Whistle, Jax Jones feat. Calum Scott

Intro: 16 counts

Begin on the word "only"

RF MODIFIED TOE TRIANGLE, SAILOR STEP, LF ROCKING CHAIR

1-2 Touch RF toes forward, Touch RF toes to R side

3&4 Sailor Step RLR

5-6 Rock LF forward, Recover RF

7-8 Rock LF back, Recover RF

LF MODIFIED SCISSORS, LF TOE STRUT 1/4 R, RF ROCKING CHAIR

1-2 LF Large Step L, Drag RF together

3-4 Touch LF toes across RF 1/4 R, Step LF heel down

5-6 Rock RF forward, Recover LF

7-8 Rock RF back, Recover LF

MODIFIED RUMBA BOX BACK

1-2 Step RF to right side, Step (optional drag) LF beside RF

3-4 Step RF toes back, Step RF heel down

5-6 Step LF to left side, Step (optional drag) RF beside LF

7-8 Step LF toes forward, Step LF heel down

MODIFIED K-STEP

1-2 Step RF diagonally forward, Touch LF beside RF

3-4 Step LF diagonally back, Touch RF beside LF

5-6 Step RF diagonally back, Hitch LF

7-8 Step LF diagonally forward, Touch RF beside LF

Styling Idea: When the music says "put your hand on your heart" it might be a fun idea to do that ♥

No tags, no restarts