

All About That Bass

Count: 32

Wall: 4

Level: Improver

Choreographer: K. Sholes (USA) - August 2014

Music: All About That Bass - Meghan Trainor

Step-together-step, Touch X2 (one arm behind head, one arm held out to side)

1-4 Step R to side, Step L together, Step R to side, Touch L next to R.

5-8 Step L to side, Step R together, Step L to side, Touch R next to L.

Step-touch, Shake hips, X2 (hands on hips during shakes)

1 2 3&4 Step R forward, Touch L next to R, Shake hips RLR.

5 6 7&8 Step L forward, Touch R next to L, Shake hips LRL.

1/4 turn strut steps (snapping fingers) Rocking chair (or double pivot)

1-4 Tap R heel 1/4 right, Step R, Tap L heel forward, Step L.

5-8 Rock R forward, Recover L, Rock R back, Recover L (or pivots)

Touch X3, Hold (clap) Heel-tap, Cross-touch, 1/2 turn, Hold (clap)

1-4 Touch R to side, Touch R next to L, Touch R to side, Hold.

5-8 Tap R heel forward, Touch R toe across, Unwind 1/2 left, Hold.

Begin Again! Enjoy!