

Rainy days and Mondays

Count: 36 Wall: 2 Level: Easy Intermediate Choreographer: Claire Bell

Music: Rainy days and Mondays by The Carpenters. Available from itunes and Amazon

Intro: 20 counts (start on vocals)

Section 1	Forward sweep, weave sweep, behind, ¼ turn left, forward, spiral, side rock, cross
1,2&	Step forward on right sweeping left, cross left over right, step right to right side
3,4&	Step behind on left sweeping right, step right behind left, turn ¼ left stepping forward on left (9.00)
5,6	Step forward on right, step on left making a spiral full turn right (keep weight on left)
7,8&	Rock right to right side, recover weight on left, cross right over left

Section 2	Left nightclub, ¼ turn right, step, pivot ½, step, full turn left, right nightclub
1,2&	Step left to left, rock behind on right, cross left over right
3,4&	Turn ¼ right stepping forward on right, step forward on left, pivot ½ right
5,6&	Step forward on left, turn ½ left stepping back on right, turn ½ left stepping forward on left
7,8&	Step right to right side, rock behind on left, cross right over left (6.00)

Section 3	Forward, run, run ½ turn, prissy walks, cross, rock, side, rock, behind, side
1,2&	Step forward on left diagonal, run right, run left, making a half circle left (12.00)
3,4	Walk forward on right, walk forward on left (prissy walks)
5&6&	Cross rock right over left , recover weight on left, rock right to right side, recover weight on left
7,8	Step right behind left, step left to left side

Section 4	Diamond ½ turn right, side rock, together, side rock, together
1&2	Cross right over left, step back on left making 1/8 turn right, step back on right 1/8 turn right
3&4	Step back on left, step forward on right making 1/8 turn right, step forward on left making 1/8 turn right
5,6&	Rock right to right side, recover weight on left, step right next to left
7,8&	Rock left to left side, recover weight on right, step left next to right

Section 5	Rock, recover, ½ turn right, ½ turn right, rock, recover
1,2&	Rock forward on right, recover weight on left, ½ right stepping forward on right
3,4&	Step back on left making ½ turn right sweeping right, rock back on right, recover weight on left

Ending: During wall 7 after section 3:

Cross right over left (1) Sweeping left from back to front, cross left over right (2)