

## DANCE: **Get Back Ups**

CHOREOGRAPHED TO: Win Life by Luke Bryan

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DESCRIPTION: 32 counts / improver / 4 walls / 91 bpm / 3:13

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Intro: 16 counts

### **S1 STEP SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT**

1-2 Step right to right side, step left together

3&4 Step right to right side, step left next to right, step right to right side

5-6 Cross rock left over right, recover back on right

7&8 Step left to left side, step right next to right, ¼ turn left stepping forward on left (9:00)

### **S2 ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, CROSS, BACK & CROSS SHUFFLE**

1-2 Large step forward on right, ½ pivot turn left (3:00)

3-4 Large forward on right, ¼ pivot turn left ((12:00)

5-6 Cross right over left, step back on left

&7&8 Step right slightly back, cross left over right, step right to right side, cross left over right  
**(RESTART HERE ON WALL 3)**

### **S3 SIDE ROCK RIGHT/RECOVER, WEAVE, SIDE ROCK LEFT/RECOVER, BEHIND, SIDE, FORWARD**

1&2 Step right to right side, touch left next to right, step left to left side

3&4 Cross right behind left, step left to left side, cross right over left

5&6 Step left to left side, touch right next to left, step right to right side

7&8 Cross left behind right, step right to right side, step forward on left (12:00)

### **S4 ½ PIVOT TURN LEFT, SHUFFLE ½ TURN LEFT, ¼ TURN LEFT, TOUCH RIGHT, BALL BEHIND, BALL CROSS**

1-2 Step forward on right, pivot ½ turn left (6:00)

3&4 Shuffle ½ turn left stepping right, left, right (12:00)

5-6 ¼ turn left stepping left to left side, touch right next to left (9:00)

&7 Step left to left side, cross left behind right

8& Step right to right side, cross left over right

**Dances finishes on count 8 of S3 – ¼turn left stepping right to right side (12:00)**