

# So Strong

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Ellie Hendriks (Feb 2015)

Music: Strong' by London Grammar

**Intro: 32 counts from main instrumental**

**R Step Fwd with sweep, L cross, R side, L Back with sweep, R Behind, L Side, cross, L side rock, Weave R.**

1 2& Step Fwd on R Sweeping L from back to front, Cross L over R, Step R to right side.  
3 4& Step L back sweeping R from front to back, Step R behind L, Step L to left side.  
5 6& Cross R over L, Rock L to left side, Recover on R,  
7&8& Cross L over R, Step R to Right side, step L behind R, Step R to Right side. (12.00).

**R Back, L side, Cross shuffle, Prissy walk Fwd 2x, Pivot ½ Turn R.**

1 2 3 Cross L over R, Step R Back, Step L to left side,  
4&5 Cross R over L, Step L to left side, Cross R over L.  
6 7 Walk slightly crossed Fwd L-R.  
8& Step Fwd on L, Pivot ½ Turn R(6.00)

**L Step Fwd with sweep, R cross, L side, R Back with sweep, L Behind, R Side, cross, R side rock, Weave L.**

1 2& Step Fwd on L Sweeping R from back to front, Cross R over L, Step L to left side.  
3 4& Step R back sweeping L from front to back, Step L behind R, Step R to right side.  
5 6& Cross L over R, Rock R to right side, Recover on L,  
7&8& Cross R over L, Step L to left side, step R behind L, Step L to Left side. (6.00).

**L Back, R side, Cross shuffle, Prissy walk Fwd 2x, Pivot ½ Turn L.**

1 2 3 Cross R over L, Step L Back, Step R to right side,  
4&5 Cross L over R, Step R to right side, Cross L over R.  
6 7 Walk slightly crossed Fwd R-L.  
8& Step Fwd on R, Pivot ½ Turn L(12.00)

**R Cross Rock, R side, Cross Rock, L ¼ turn L, Step Fwd, Pivot ½ Turn L, Step Fwd R, Full turn R.**

1 2& Cross Rock R over L, Recover on L, Step R to right side,  
3 4& Cross Rock L over R, Recover on R, ¼ Turn Left step Fwd on L,(9.00)  
5 6 7 Step R Fwd, Pivot ½ Turn L, Step R Fwd,  
8& ½ Turn Right step back on L, ½ Turn Right step Fwd on R(Option: 2 runs Fwd L-R)(9.00)

**Step Fwd L, R Touch, R Side Rock Cross, L Back, ½ Turn R, Step Fwd R, Step Fwd L, Back lock step .**

1 2 Step L Fwd, Touch R Next to L,  
3&4 Rock R to right side, recover on L, Cross R over left,  
5 6 7 Step L back, ½ turn Right Step Fwd on R, Step Fwd on L,  
8&1 Step back on R, Lock L over R, Step back on R(9.00)

**Step L ¼ L side, ¼ R Fwd, Shuffle ½ R, step, ¼ R side rock, Sway, Sway, step, L side, Sway, Sway, step**

2 3 Rock ¼ L to L side, Recover on R turning ¼ R Fwd,  
4&5 Turn ¼ R stepping to L to L side, step R next to L, Turn ¼ L stepping back on L.  
6 7 Rock R out ¼ to the right side, recover on L,  
8&1 Sway R, sway L, Step R next L.6.00)

**Step L, Sway, Sway, step, Step L Fwd, Full turn R, Step Back, Coaster step.**

2 Step L to left side.  
3&4 Sway R, Sway L, Step R next L.  
5 6 7 Step L Fwd, Pivot ½ turn R (weight on R) Turn another ½ Turn R, Step back on L.  
8& Step Back on R, Step L Next to R,

**START AGAIN... and ENJOY!**

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