

# how sweet it is

Evelyn  
Khinoo

Choreographer: Evelyn Khinoo

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**Description:** 1 wall, 48 counts

**Easy Intermediate**

**Music:** "Cattle Call," Leanne Rimes (from the CD "Blue"); (preferred; 150 bpm counting all beats; start the dance after the first 24 counts, at the start of Leanne humming; the dance has a lot of holds so it is not really fast)  
"Dream On Texas Ladies," John Michael Montgomery (116 bpm; teaching)

**Prepared By:** Evelyn Khinoo

**Note:** In the song "Cattle Call," the lyrics hit the dance steps in precisely some unique spots that make the dance too much fun, so this song is definitely preferred and recommended.

## **FORWARD; HOOK; HOLD; BACK; HOOK; HOLD**

1-2-3 Step L forward; hook R behind L (*cross R behind L and up off the floor*); hold\*

4-5-6 Step R straight back; hook L in front of R (*cross L in front of R shin and up off floor*); hold

\*Optional hat trick: Count 3, hold L front side of brim with L hand; or take hat off with L hand on counts 2-3.

## **FORWARD; HOLD; TOGETHER; FORWARD; HOOK; HOLD**

1-2-3 Step L forward; hold; step R next to L

4-5-6 Step L forward; hook R behind L; hold

## **BACK; HOOK; HOLD; FORWARD; HOOK; HOLD**

1-2-3 Step R back; hook L in front of R; hold\*

4-5-6 Step L forward; hook R behind L; hold

\*Optional hat trick: Count 3, hold R front side of brim with R hand; or take hat off with R hand on counts 2-3.

## **BACK; HOLD; TOGETHER; BACK; HOOK; HOLD**

1-2-3 Step R back (*long step—important in order to keep dance from traveling forward*); hold; step L next to R

4-5-6 Step R back; hook L in front of R; hold

## **STEP LEFT INTO 1/4 TURN; SCUFF; HITCH; TOGETHER; HOLD; HOLD; REPEAT ALL WITH RIGHT**

1-2-3 Step L forward into 1/4 left turn;\* scuff R heel forward (*scrape heel on floor*); hitch R knee (*bend & raise R knee in front*)

4-5-6 Step R down (*flat foot but no weight change*) next to left; hold; hold

1-2-3 Step R forward into 1/4 right turn;\* scuff L heel forward; hitch L knee

4-5-6 Step L down next to R (*flat foot but no weight change*) on R; hold; hold

\*Optional hat trick: Count 1, slide right hand along R side of hat brim from R side to R front side. Repeat with L hand on 1/4 right.

## **SIDE STEP; DRAG 2 COUNTS; POINT BEHIND; HOLD 2 COUNTS**

1-2-3 Step L to left side (*long step*); start to drag R toward L; continue to drag R toward L\*

4-5-6 Tap R toes behind left and look left (*emphasize the tap*); hold; hold\*

\*Optional hat trick: Counts 1-3, scoop hat with L hand from right to left; counts 4-6, hold left front brim of hat with L hand.

## **SIDE STEP; HOLD; TOGETHER; SIDE; DRAG; TOUCH**

1-2-3 Step R to right side (*regular length*); hold; step L next to R

4-5-6 Step R to right side; drag L toward R; touch L next to R

**Ending:** With the song "Cattle Call," slow the steps down toward the end of the song on the 1/4 left, scuff, hitch, down, hold, and end on hold.

**BEGIN AGAIN**

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