

# Hands on Heart

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Francien Sittrop (NL) - May 2014

**Music:** Hand On Heart – Olly Murs. Album: Right Place Right Time (Deluxe Edition)

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**Intro: Start after 16 counts**

**[1 – 8] Step Fwd, Rocking Chair, ¾ Turn R with Lockstep, Mambo Step, Step Back, Together**

1 Step L fwd  
2&3& Rock R fwd, Recover on L, Rock R back, Recover on L  
4 & 5 ½ Turn R step R fwd, Lock L behind R, ¼ Turn R step R fwd (09.00)  
6 & 7 Rock L fwd, Recover on R, Step L back  
8 & Step R back, Step L next to R

**[9-16] Vaudeville , Prissy Walks, Step fwd, Pivot ½ L, Step fwd, Full Turn L**

1&2& Step R across L, Step L back, Touch R heel fwd, Step R down  
3 – 4 Step L across R, Step R across L  
5 & 6 Step L fwd , Pivot ½ Turn R, Step L fwd (03.00)  
7 - 8 ½ Turn L step R back, ½ Turn L step L fwd

**[17-25] Side, Sailor Point, ¼ Turn L, Syncopated Jazz Box, Side Rock , ¼ L , Step fwd**

1 Step R to R side  
2 & 3 Sweep L behind R, Step R to R side, Point L to L side  
4 ¼ Turn L step L down and sweep R fwd (12.00)  
5 Step R across L  
6 & 7 Step L back, Step R to R side, Step L across R  
8 & 1 Rock R to R side, Recover on L making ¼ Turn L, Step R fwd (09.00)

**Hand options: count 3: You can put your hands on your heart and facing diag. right**

**[26-32] Cross, Full Turn R, Step fwd, Step Fwd, Pivot ¼ Turn R, ¾ Turn L, Step fwd**

2 – 3 Step L across R, Full Turn R (Weight on L)  
4 Step R fwd  
5 & 6 Step L fwd, Pivot ¼ Turn R, Step L across R (12.00)  
7 & 8 ¼ Turn L step R back, ½ Turn L step L fwd , Step R fwd (03.00)

**Restart during wall 5 (facing 3 O'clock wall):**

**After count 16 add an & count Step R next to L and start again with count 1**

**Ending: End last wall after count 30 facing the front wall**

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