

# This Feeling

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**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Nathan Gardiner (SCO) - June 2020

**Music:** This Feeling - Abby Anderson

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## Intro: 16 counts

### Side R, Behind Side Cross, Scissor Cross, Scissor Cross, Side R

1 Step R to R side  
2&3 Step L behind R, Step R to R side, Cross L over R  
4&5 Step R to R side, Step L next to R, Cross R over L  
6&7 Step L to L side, Step R next to L, Cross L over R  
8 Step R to R side

### Sailor Step L & R, Behind, Side R, Samba $\frac{1}{4}$ L

1&2 Step L behind R, Step R to R side, Step L to L side  
3&4 Step R behind L, Step L to L side, Step R to R side  
5-6 Step L behind R, Step R to R side  
7&8 Cross L over R, Rock out to R side, Recover turning  $\frac{1}{4}$  L

### Dorothy R & L, Kick & Point R & L

1-2& Step R to R diagonal, Lock L behind R, Step slightly forward on R  
3-4& Step L to L diagonal, Lock R behind L, Step slightly forward on L  
5&6 Kick R forward, Step R next to L, Point L to L side  
7&8 Kick L forward, Step L next to R, Point R to R side

### Rock Forward, Recover, Triple Full Turn, Rock Forward, Recover, Coaster Step

1-2 Rock forward on R, Recover on L  
3&4 Triple full turn on the spot stepping R, L, R  
5-6 Rock forward on L, Recover on R  
7&8 Step back on L, Step R next to L, Step forward on L (slightly crosses over R)

**Restarts: On walls 3 & 6 dance first 8 counts then add an & count to restart the dance**

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