

Engel

Count: 48

Wall: 1

Level: Phrased Improver / Intermediate

Choreographer: Raymond Sarlemijn (NOR), Darren Bailey (UK), Roy Hadisubroto (NL) & Michel Platje (NL) - November 2014

Music: Admiral P Ft. Nico with D-Engel

Style: Fun Dance A,B, A,A, B,A, A,B, A

PART A – 32 counts

Walk, hitch walk back, hitch

1 RF walk forward
& LF walk forward
2 RF walk forward
& LF hitch up left leg
3 LF step forward
& RF step forward
4 LF step forward
& RF hitch up right leg
5 RF step backwards
& LF hitch up left leg
6 LF step backwards
& RF hitch up right leg
7 RF step backwards
& LF hitch up left leg
8 LF step backwards
& RF hitch up right leg

Side steps, ¼ turn right, side steps, ¼ turn right

1 RF step to right side
& LF step next to RF
2 RF step to right side
& LF touch next to RF
3 LF step to left side
& RF step next to LF
4 LF step to left side
& RF touch next to LF
5 RF step ¼ to right (21.00)
& LF touch next to RF
6 LF step to left side
& RF touch next to LF
7 RF step ¼ right(18.00)
& LF touch next to RF
8 LF step to left side
& RF touch next to LF

Kick forward (Michael Jackson style) Coaster step

1 RF kick forward (variation bend knee inwards)
& RF lift leg up
2 RF kick forward (variation bend knee inwards)
& RF lift leg up
3 RF step backwards
& LF step next to RF
4 RF step forward
5 LF kick forward (variation bend knee inwards)
& LF lift leg up
6 LF kick forward (variation bend knee inwards)
& LF lift leg up
7 LF step backwards
& RF step next to LF
8 LF step forward

Bouncing shuffles backwards, Sailor step ½ turn

- 1 RF step backwards bounce knees
- & LF cross over RF bounce knees
- 2 RF step backwards bounce knees
- 3 LF step backwards bounce knees
- & RF cross over LF bounce knees
- 4 LF step backwards bounce knees
- 5 RF step backwards bounce knees
- & LF cross over RF bounce knees
- 6 RF step backwards bounce knees start ½ turn left whilst doing this sweep LF from front to back
- 7 LF take weight(12.00)
- & RF step next to LF
- 8 LF stomp down next to RF

PART B – 16 counts**Knee lifts hands up**

- 1 RF lift up right knee whilst doing this both hand go down
- 2 LF lift up left knee whilst doing this both hand go down
- 3 RF lift up right knee whilst doing this both hand go down
- & RF put RF down hands go up
- 4 RF lift knee up whilst doing this both hand go down
- 5 LF lift knee up whilst doing this both hand go down
- 6 RF lift knee up whilst doing this both hand go down
- 7 LF lift up left knee whilst doing this both hand go down
- & LF put LF down hands go up
- 8 LF lift up left leg whilst doing this both hand go down

Knee lifts, Ball change, coaster step

- 1 RF lift up right knee whilst doing this both hand go down
- 2 LF lift up left knee whilst doing this both hand go down
- 3 RF lift up right knee whilst doing this both hand go down
- & RF put RF down hands go up
- 4 RF lift knee up whilst doing this both hand go down
- & RF step forward
- 5 LF step forward both hands go forward
- 6 RF recover hands go over your head
- 7 LF step backwards hands go down
- & RF step next to LF hands go down
- 8 LF step forward hand are completely down

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