

Sunday Sermons

Count: 48

Wall: 2

Level: Improver

Choreographer: Colin Ghys (BEL) & Wil Bos (NL) - September 2022

Music: Sunday Sermons - Anne Wilson

Intro: 16 counts

SEC 1: Side, Touch, Side, Kick, Weave, Side, Touch, Side, Kick, Together, Side, Step

1&2& Step right to right, touch left beside right, step left to left, kick right to right diagonal
3&4 Step right behind left, step left to left, cross right over left
5&6& Step left to left, touch right beside left, step right to right, kick left to left diagonal
7&8 Step left behind right, step right to right, step left forward

SEC 2: Mambo ½ Turn, ½ Shuffle, Coaster Step, Boogie Walk

1&2 Rock right forward, recover weight onto left, turn ½ right step right forward (6:00)
3&4 Turn ¼ right step left to left, step right beside left, turn ¼ right step left back (12:00)
5&6 Step right back, step left beside right, step right forward
7& Step left forward pushing both knees left, step right forward pushing both knees right
8 Step left forward pushing both knees left

SEC 3: Out, Out, Toe Split, Heel Twist, Heel Twist, Rumba Box

1&2& Step right to right diagonal, step left to left, split toes, recover to centre
3&4& Twist right heel to right, return right to centre, twist left heel to left, return left to centre
5&6 Step right to right, step left beside right, step right forward
7&8 Step left to left, step right beside left, step left back

SEC 4: Coaster Step, Shuffle, Step ¼ Pivot Cross Sweep, Weave Sweep

1&2 Step right back, step left beside right, step right forward
3&4 Step left forward, step right beside left, step left forward
5& Step right forward, pivot ¼ left transferring weight onto left
6 Cross right over left sweeping left from back to front (9:00)
7&8 Cross left over right, step right to right, step left behind right sweep right from front to back

SEC 5: ¼ Weave, ¼ Jazz Box Touch, Kick Ball Cross

1&2 Step right behind left, turn ¼ left step left forward, step right forward (6:00)
3-4 Cross left over right, turn ¼ left step right back (3:00)
5-6 Step left to left, touch right beside left
7&8 Kick right forward, step right beside left, cross left over right

SEC 6: Side, Touch, Side, Touch, ¼ Side Shuffle, Step, Knee Pop, Coaster Cross

1&2& Step right to right, touch left beside right, step left to left, touch right beside left
3&4 Step right to right, step left beside right, turn ¼ right step right forward (6:00)
5&6 Step left forward, pop both knees forward, drop both heels recover weight onto right
7&8 Step left back, step right beside left, cross left over right

Start Again