

Rushing Water

Count: 32

Wall: 4

Level: Improver

Tag: 1

Motion: Novelty/ Rock

Choreographer: Mary Bee (Marica) Friedrich (Ger) – March 2023

Music: Rushing Water by Sting (Official Video) from the Album `The Bridge` - 3 min.17 sec.

****Intro 40 Count**

Section 1: Side Rock, Out, Out, Hold, Sway R/L, Weave

1- 2 &	RF step side rock to right (1), LF recover on weight (2), RF step out to right (&)	(12.00)
3 -4	LF step out to left (3), Hold (4)	(12.00)
5- 6	Sway your hips to right side (5), sway your hips to left side (6) *~ Option	(12.00)
7 & 8	RF cross behind LF (7), LF step to left side (&), RF cross over LF (8)	(12.00)

Section 2: Side Rock, Cross Shuffle, ¼ Monterey Turn R

1- 2	LF step side rock to left (1), RF recover on weight (2)	(12.00)
3 & 4	LF cross over RF (3), RF step to right side (&), LF cross over RF (4)	(12.00)
5- 6	RF point to right (5), RF 1/4 turn to R and close to LF (6)	(3.00)
7- 8	LF point to left (7), LF close to RF (8)	(3.00)

Section 3: Side, Touch, Side Rock, Weave, Point

1- 2	RF step to right (1), LF touch to RF (2)	(3.00)
3- 4	LF step rock to left (3), RF recover on weight (4)	(3.00)
5- 6	LF cross behind RF (5), RF step to right side (6)	(3.00)
7- 8	LF cross over RF (7), RF point to right (8)	(3.00)

Section 4: 2 ¼ Step Turn L, Cross, Point, Cross, Point

1- 2	RF step fwd. (1), LF 1/4 step turn to left (2)	(12.00)
3- 4	RF step fwd. (3), LF 1/4 step turn to left (4)	(9.00)
5- 6	RF step/ cross over LF (5), LF point to left (6)	(9.00)
7- 8	LF step/ cross over RF (7), RF point to right (8)	(9.00)

Tag: Rock fwd, Recover, Ball Step, Rock fwd., Recover, Ball step at the end of Wall 6

1- 2 &	RF step rock fwd. (1), LF recover on weight, (2), RF ball step back close to LF(&)	(6.00)
3- 4 &	LF step rock fwd. (3), RF recover on weight (4), LF ball step back close to RF (&)	(6.00)

Option > Section 1 / Count 5 – 6 / ~ move your arms to right and left like a wave ~

Tag ~ move your arms forward like a wave at the forward step ~

Have fun and enjoy the rocking moves ☺

Please take the music at Amazon Smile for the Line Dance Fondation (UK)

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