

One On One

Count: 96

Wall: 2

Level: High Intermediate

Choreographer: Karl-Harry Winson (UK) & Jamie Barnfield (UK) - May 2024

Music: One On One - The Knocks & Sofi Tukker

Intro: 32 counts

S1: DIAGONAL PRESS. RIGHT COASTER CROSS. SKATE X2. 1/2 TURN LEFT. HITCH.

- 1-2 Press ball of Right foot forward to right diagonal. Recover on Left.
3&4 Step Right Back. Close Left beside Right. Cross Right over Left.
5-6 Skate forward on Left. Skate forward on Right.
7&8 Turn 1/4 Left stepping Left forward (9:00). Turn 1/4 Left hitching Right knee up (6:00).

S2: SIDE-DRAG. BALL-CROSS. SIDE. RIGHT SAILOR STEP. BEHIND. UNWIND 3/4 LEFT.

- 1-2& Step Big step to Right side. Drag Left towards Right. Step down on ball of Left.
3-4 Cross Right over Left. Step Left to Left side.
5&6 Cross Right behind Left. Step Left to Left side. Step Right to Right Side.
7-8 Cross Left behind Right. Unwind 3/4 Left (weight on Left) (9:00).

S3: SIDE. HOLD. BALL-SIDE. TOUCH. 1/4 TURN. HOLD. BALL-SIDE. BRUSH/HITCH.

- 1-2 Step Right to Right side. Hold.
&3-4 Step Left beside Right. Step Right to Right side. Touch Left next to Right.
5-6 Turn 1/4 Left stepping Left to Left side. Hold. (6:00)
&7-8 Step Right beside Left. Step Left to Left side. Brush Right beside Left slightly hitching Right knee.

S4: SIDE. CROSS. RIGHT SIDE ROCK. JAZZ BOX 1/2 TURN RIGHT.

- 1-4 Step Right to Right side. Cross Left over Right. Rock Right out to Right side. Recover on Left.
5-6 Cross Right over Left. Turn 1/4 Right stepping Left back (9:00)
7-8 Turn 1/4 Right stepping forward on Right. Step forward on Left (12:00)

* Restart Here on Wall 2 (6:00) & Wall 4 (12:00)

S5: BRUSH. HITCH. BACK STEP. DIP DOWN X2. 1/2 TURN LEFT. SIDE STEP.

- 1-2 Brush Right foot beside Left whilst hitching knee. Step back on Right.
3-4 Dip down by bending the knees. Recover to neutral by straightening the knees.
5-6 Dip down by bending the knees. Recover to neutral by straightening the knees. (weight Left)
7-8 Turn 1/2 Left stepping Right back (6:00). Step Left to Left side (6:00).

S6: CROSS ROCK. CHASSE 1/4 RIGHT. STEP. PIVOT 1/2 RIGHT. BALL-STEP. FORWARD STEP.

- 1-2 Cross Rock Right over Left. Recover on Left.
3&4 Step Right to Right side. Close Left next to Right. Turn 1/4 Right stepping Right forward (9:00)
5-6 Step forward on Left. Pivot 1/2 Turn Right (3:00)
&7-8 Step Ball of Left beside Right. Step forward on Right. Step forward on Left.

S7: BRUSH HITCH. BACK STEP. DIP DOWN X2, FULL TURN LEFT.

- 1-2 Brush Right foot beside Left whilst hitching knee. Step back on Right.
3-4 Dip down by bending the knees. Recover to neutral by straightening the knees.
5-6 Dip down by bending the knees. Recover to neutral by straightening the knees. (weight Left)
7-8 Turn 1/2 Left stepping back on Right. Turn 1/2 left stepping forward on Left (3:00)

S8: FORWARD ROCK. SYNCOPATED JUMP BACK. TOUCH/KNEE TURN. 1 1/8 ROLLING VINE

- 1-2 Rock forward on Right, Recover on Left.
&3-4 Step back and out on Right. Step Left out to Left side. Touch Right in place turning knee in towards Left.
5-6 Turn 1/4 Right stepping forward on Right (6:00). Turn 1/2 Right stepping back on Left (12:00).
7-8 Turn 1/4 Right stepping Right to Right side (3:00). Turn 1/8 Right Stepping Left into Right diagonal (4:30)

S9: STEP. SWEEP. CROSS. 1/4 TURN LEFT. BACK-SWEEP. 1/4 TURN LEFT.

- 1-2 Step forward on Right. Sweep Left from back to front (4:30)
3-4 Cross Left over Right. Turn 1/4 Left stepping back on Right (1:30)
5-6 Step back on Left. Sweep Right from front to back.

7-8 Cross Right behind Left. Turn 1/4 Left stepping forward on Left (10:30).

S10: RIGHT SKATE. TOUCH. LEFT SKATE. TOUCH. WALK BACK R, L, R, BACK TOGETHER.

1-4 Skate forward on Right. Touch Left next to Right. Skate forward on Left. Touch Right next to Left (10.30).

5,6,7 Walk back on Right. Walk back on Left. Walk back on Right.

8& Step back on Left. Close Right next to Left (10.30).

S11: STEP. SWEEP. CROSS. 1/4 TURN RIGHT. BACK-SWEEP. 1/4 TURN RIGHT.

1-2 Step forward on Left. Sweep Right from back to front.

3-4 Cross Right over Right. Turn 1/4 Right stepping back on Left (1:30).

5-6 Step back on Right. Sweep Left from front to back.

7-8 Cross Left behind Right. Turn 1/4 Right stepping forward on Right (4:30).

S12: LEFT SKATE. TOUCH. RIGHT SKATE. TOUCH. WALK BACK R, L, R, BACK TOGETHER.

1-4 Skate forward on Left. Touch Right next to Left. Skate forward on Right. Touch Left next to Right (4.30)

5,6,7 Walk back on Left. Walk back on Right. Walk back on Left.

8&-1 Step Right back. Close Left beside Right (Squaring up to 6:00). (Press Right into Right diagonal).

Start Again!

***Restarts: On Walls 2 & 4 dance 32 Counts and restart from the beginning.**