

# Drop It Low

**Choreographer:** Dwight Meessen & Marianne Schmitz

**Count:** 56 / **Wall:** 4 / **Level:** Intermediate / Higher Intermediate

**Music:** Drop It Low by Kat Deluna

**Start from 15 seconds, when she sings: "Move your body baby"**

**Sec:1 2 x Walk Fwd, Step R Side with a hip bump, Hip Bump, Hip Bump, Hip Bump, ¼ Turn Right, ¼ Turn Right, Behind, Side, Cross**  
1,2 RF Walk Fwd / LF Walk Fwd  
3&4& RF Step to Right side, hip bump to right / LF Hip bump to Left side / RF Hip bump to Right side / LF Hip bump to Left side  
5,6 RF Step ¼ Turn(right) (3) / LF Step ¼ Turn (right) (6)  
7&8 RF Cross behind L / LF Step to Left side / RF Cross over L

**Sec:2 Side Rock, Recover, Sailor ¼ Turn(left), ½ Turn (left), Touch Bump & Step Fwd**  
1,2 LF Rock out to Left side / RF Recover weight  
3&4 LF ¼ Turn R, Cross step R behind L (3) / RF Step in place / LF Step fwd on R  
5,6 RF Step fwd / R+L ½ Turn (left) (9)  
7&8 RF toe diagonal bump hip Right / Bump hip Left / RF Step fwd

**Sec:3 ¼ Turn(right), Cross Behind L, Step L side with a Hip Bump, Hip Bump, Hip Bump(weight on R), L Rock Back , Recover, ½ Turn (right)**  
1,2 LF Step ¼ Turn, step to Left side(right) (12) / RF Cross behind L  
3&4 LF Step to Left side, hip bump to Left / RF Hip bump to Right / LF Hip bump to Left, weight on Right  
5,6 LF Rock Back / RF Recover Weight  
7,8 LF Step fwd / L+R ½ Turn (right) (6)

**Sec:4 Hip Sways Left , Right, Coaster Step, ½ Turn(left)Side Rock R, Recover Weight**  
1,2 Sway Left / Sway Right  
3&4 LF Step Back / RF Step together / LF Step fwd  
5,6 RF Step fwd / R+L ½ Turn(Left) (12)  
7,8 RF Rock out to Right side / LF Recover weight

**Sec:5 Cross over L, Side Rock , Recover, Side, Cross Behind, ¼ Shuffle Fwd(right)**  
1,2,3 RF Cross over L / LF Rock out to Left side / RF Recover weight  
4,5,6 LF Cross over R / RF Step to Right side / LF Cross behind R  
7&8 RF ¼ Turn Fwd, Step fwd(right) (3) / LF Close next to R / RF Step Fwd

**Sec:6 ½ Turn(right), Shuffle Fwd, Full Turn Fwd(left), Rock Fwd, Recover**  
1,2 LF Step fwd / L+R ½ Turn(right) (9)  
3&4 LF Step fwd / RF Close next to L / LF Step fwd  
5,6 RF ½ Turn fwd, step back(left) / LF ½ Turn fwd, step fwd(left)  
7,8 RF Rock fwd / LF Recover weight

**Sec:7 &, Touch, &, Touch, &, Touch, Kick, Rock Back, Recover, Step Fwd, Flick R Back**  
&,1 RF Step on position / LF Touch left fwd  
&,2 LF Step on position / RF Touch right fwd  
&,3 RF Step on position / LF Touch left fwd  
4 LF Kick fwd  
5,6 LF Rock Back / RF Recover weight  
7,8 LF Step fwd / RF Flick R behind up

**Restarts:-**

**In the 2nd wall after count 48**

**In the 4th wall after count 48**

**In the 6th wall after count 48**