

# Love and Capoeira

TOM L SOENJU'S LINE



**Counts:** 48      **Walls:** 4      **Level:** Low improver  
**Choreographer:** Tom Inge Soenju (NOR), 12 June 2019  
**Music:** "Amore e Capoeira " by Takagi & Ketra ft. Giusy Ferreri, Sean Kingston  
**Track:** 2:53, 118 bpm  
**Availability:** Available on iTunes, Google Play and Amazon.

DANCE CHOREOGRAPHIES

**Note:** The level is put as low improver due to tags and restart.  
**Intro:** 32 counts (from drums, start on lyric)  
**Sequence:** Repeating sequence.  
**Tag/Restart:** Tag after end of wall 2 (F6:00) and 3 (F9:00) and 1 restart in 5<sup>th</sup> wall after 36 counts (F6:00).  
**End:** The music ends after 16 count in wall 6. Then step fwd on RF and do a ½ L Pivot to front and pose.

**Section 1 [1-8]: POINT FWD, POINT SIDE, SAILOR STEP, POINT FWD, POINT SIDE, ¼ L SAILOR TURN**

1 - 2 Point R toes fwd, Point R toes to R side  
3 & 4 Step RF behind LF, Step LF slightly to L side, step RF to R side  
5 - 6 Point L toes fwd, Point L toes to L side  
7 & 8 ¼ L turn stepping back on LF, RF to R side, LF to L side

**Section 2 [9-16]: ROCK/REC, COASTER STEP x2**

1 - 2 Rock fwd on RF, Recover weight onto LF  
3 & 4 Step back on RF, Step LF next to RF, Step RF fwd  
5 - 6 Rock fwd on LF, Recover weight onto RF  
7 & 8 Step back on LF, Step RF next to LF, Step LF fwd

**Section 3 [17-24]: SIDE-TOGETHER, CHASSE, CROSS ROCK/REC, ¼ L CHASSE TURN**

1 - 2 Step RF to R side, Step LF next to RF  
3 & 4 Step RF to R side, Step LF next to RF, Step RF to R side  
5 - 6 Cross rock LF over RF, Recover weight onto RF  
7 & 8 ¼ L chassé turn stepping on LF, Step RF next to LF, Step fwd on LF

**Section 4 [25-32]: WALK x2, KICK-STEP, COASTER STEP, WALK x2**

1 - 2 Step fwd on RF, Step fwd on LF  
3 - 4 Kick RF fwd, Step back on RF  
5 & 6 Step back on LF, Step RF next to LF, Step LF fwd  
7 - 8 Step fwd on RF, Step fwd on LF

**Section 5 [33-40]: SIDE-TOE STRUT x2, SWAY x4**

1 - 2 Touch R toes to R side, Step R heel down  
3 - 4 Touch L toes to L side, Step L heel down  
**Restart here in wall 5**  
5 - 8 Recover weight onto RF, LF, RF, LF

**Section 6 [41-48]: CROSS ROCK/REC, ¼ R CHASSE TURN, STEP, ½ R PIVOT, FWD SHUFFLE**

1 - 2 Cross Rock RF over LF, Recover weight onto LF  
3 & 4 ¼ R chassé turn stepping on RF, Step LF next to RF, Step RF fwd  
5 - 6 Step fwd on LF, ½ R turn (weight on RF)  
7 & 8 Step fwd on LF, Step RF next to LF, Step fwd on LF

**TAG 1 [1-4]: Tag after end of wall 2 and 3**

**CROSS POINT, BACK DIAG POINT X2**  
1 - 2 Point R toes across LF, Point R toes back to R diag  
3 - 4 Point R toes across LF, Point R toes back to R diag

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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