

No bad DAYS !!

COUNT: 32 WALL: 4 LEVEL: Beginner

CHOREOGRAPHER: Val Saari (December 2022)

MUSIC: No Bad Days, Flo Rida, feat. Jimmie Allen

Intro 16 counts

Begin on the word "bad"

BRUSH-BALL CROSS, SCISSORS CROSS

1-4 Lightly brush RF forward, Step on RF

3-4 Cross LF over right, hold

5-6 Step RF step right, Step LF together

7-8 Cross RF over left, hold

MODIFIED RUMBA BOX FWD, STEP TURN 1/2 L

1-2 Step LF to left side, Step RF beside L

3-4 Step LF forward, hold

5-8 Step RF forward, Turn 1/2 turn left (weight on left, 6:00)

STEP-LOCK-STEP FWD, REVERSE COASTER

1-2 Step RF forward, Lock LF behind R

3-4 Step RF forward, hold

5-6 Step LF forward, Step RF beside L

7-8 Step LF back, Hold

BACK-LOCK-BACK, SAILOR STEP 1/4 L

1-2 Step R back, Step L across R

3-4 Step R back, Hold

5-8 Sailor Step LRL turn 1/4 L (3:00), hold

No tags, no restarts