

Body Is Talking

Count: 32

Wall: 4

Level: Improver / Intermediate

Choreographer: Angéline Fourmage (FR) - 9 September 2022

Music: Body Language - J Rivers

Start: 4 s. approximately, On the lyrics

No Tag – No Restart

[1-8] Mambo, Cross, Rock step, Triple Step ½ L

1&2 RF to the R side, Recover to LF, Cross RF over LF

3-4 LF FW, Recover to RF

5&6 Triple step ½ L (Make ¼ L with LF to the L side, RF next to LF, Make ¼ L with LF FW)

7-8 Make 1/8 L with RF back, LF back

[9-16] Sailor step 1/8 R, Point, Point, Cross, Back ¼ L, Rock step ¼ L, Recover ¼ R, Sweep

1&2 Sailor step 1/8 R (Cross RF behind LF, Make ¼ R with LF to the L side, RF to the R side)

3-4 Point LF over RF, Point LF to the L side

5-6 Cross LF over RF, Make ¼ L with RF back

7-8 Make ¼ L with LF to the L side, Recover weight on RF with ¼ R with L sweep back to the front

[17-24] Jazz box, Sway × 4 (Option)

1-2 Cross LF over RF, RF back

3-4 LF to the L side, Cross RF over LF

5-6 L sway, R sway

7-8 L sway, R sway (option hip-roll)

[25-32] Step wine ½ R, Walk, Walk, Mumbo, Step ½ L, Step ½ L, Back

1-2 LF FW, Make ½ R (weight on RF)

3-4 LF FW, RF FW

5&6 LF FW, Recover to RF, Make ½ L with LF FW

7-8 Make ½ L with RF back, LF back

Smile et enjoy the dance

Contact: maellynedance@gmail.com