

## No Sleep

**Count** : 32

**Wall** : 2

**Level** : Beginner/Improver

**Choreographer** : Angéline FOURMAGE (Angel'Line) (FR – 20 january 2019)

**Music** : No sleep by Vanotek Feat Minelli

**Start** : 16 counts **1 Restart – 1 Tag - Sequence** : A-A-A-A-14-A-A-A-A-A-A-TAG(4 counts)-A-A

### **1-8 : Step, Touch Step, Touch, Coaster step, Jazz-Box ¼ R**

**&1&2** LF Back, Touch RF next to LF, RF Back, Touch LF next to RF

**3&4** LF Back, RF next to LF, LF FW

**5-6** Cross RF over LF, LF Back

**7-8** Make ¼ R with RF to R side, LF next to RF

### **9-16 : Jazz-Box ½ R, Walk, Walk, Step turn ½ L**

**1-2** Cross RF over LF, Make ¼ R LF Back

**3-4** Make ¼ R with RF to R side, LF next to RF

**5-6** RF FW, LF FW\* (\* For restart : Make ¼ R and Touch LF next to RF)

**7-8** RF FW, ½ L (weight is on LF)

### **17-24 : Step Lock, Step Lock Step, Step Lock, Step Lock Step**

**1-2** RF FW, Cross LF behind RF

**3&4** RF FW, Cross LF behind RF, RF FW

**5-6** LF FW, Cross RF behind LF, LF FW

**7&8** LF FW, Cross RF behind LF, LF FW

### **25-32 : Monterey Turn ¼ R, Touch, Step, Together, Step, Together**

**1-2** Point RF to R side, Make ¼ R with RF next to LF

**3-4** Point LF to L side, Touch LF next to RF

**5-6** LF Back, RF next to LF

**7-8** LF FW, RF next to LF (weight is on RF)

**Tag** : Hold 4 counts

**NOTA** : RF = Right foot ; LF = Left Foot ; FW = Forward

For level Advanced : Walk in the night ([Gary O'Reilly](#) & [Maggie Gallagher](#))

**Smile and enjoy the dance**

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