

Are You Dancin? (2022)

Count: 22

Wall: 2

Level: Absolute Beginner

Choreographer: Lorna Cairns (SCO) - July 2022

Music: Save the Last Dance for Me - Ann Breen

**This Dance Was Originally Choreographed For Mum In July 2012.
My Mum Sadly Passed Away In December Of Last Year.
I Am Rereleasing This Dance In Her Honour.**

Sec 1) Rumba Box, Hold

1-2 Step Right To Right Side, Close Left Beside Right
3-4 Step Right Forward, Hold.
5-6 Step Left To Left Side, Close Right Beside Left.
7-8 Step Left Back, Hold.

Sec 2) Side Rock Cross Hold x 2, Step Turn Step, Hip Sways.

1-2 Rock Right To Right Side, Recover On Left,
3-4 Cross Right Over Left, Hold
5-6 Rock Left To Left Side, Recover On Right,
7-8 Cross Left Over Right, Hold.

Sec 3) Step Turn Step, Hip Sways

1-2 Step Forward On Right, Make 1/2 Pivot Turn Left,
3-4 Step Forward on Right, Hold
5-6 Sway Right, Sway Left

Last Update - 5 Aug 2022