

# Dreaming of a Hero EZ

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**Count:** 32

**Wall:** 2

**Level:** Beginner / Improver

**Choreographer:** Val O'Connor (UK) - February 2023

**Music:** Holding Out for a Hero - Adam Lambert

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**Intro: 16 Counts From When Heavy Beat Starts - Restarts: 3 easy restarts**

**R SIDE DIP TOUCH, L SIDE DIP TOUCH, SIDE R, L BEHIND, SIDE R, CROSS L**

1-2-3-4 Step R to R side as you dip down, touch L next to R, step L to L side as you dip down, touch R next to L

5-6-7-8 Step R to R side, cross L behind R, step R to R side, cross L over R,

**R SIDE CHASSE, L ROCK BACK, SIDE L, RIGHT BEHIND, ¼ L, BRUSH R**

1&2-3-4 Step R to R side, (&) L next to R, R to R side, rock back on L, recover Fwd on R

5-6-7-8 Step L to L side, cross R behind L, ¼ L step Fwd L, brush R Fwd (9)

**STEP FWD R, POINT L, BACK L, POINT R, R ROCK BACK, STEP ¼ L**

1-2-3-4 Step fwd R, point L to L side, step back L point R to R side,

5-6-7-8 R rock back, recover Fwd on L, step Fwd R, ¼ L step L to L side (6)

**R FWD ROCK AND HEEL, HOLD, R JAZZ BOX STEPPING TOGETHER**

1-2&3-4 R Fwd rock, recover back on L, (&) step back on R, dig L heel fwd , Hold for 1 count

&5-6-7-8 (&) Step down on L, cross R over L, step back on L, step R to R side, step L next to R

**RESTARTS**

**WALL 4 At the end of wall 4 (Facing front) Dance first 4 counts in section 1, then 2 ½ Left Pivot turns OR R rocking chair (8 counts)**

**Then restart from beginning**

**WALLS 6 AND 8**

**At the end of these walls just dance first 4 counts in Section 1 and then restart from Beginning ( Side touches )**

**This is an alternative easy dance to my Intermediate dance of the same name**