

# **THE BREAK**

**64 COUNT ADVANCED LINEDANCE  
CHOREOGRAPHED BY: MAGGIE GALLAGHER  
CHOREOGRAPHED TO: BREAKOUT FROM LORD OF THE DANCE**

***SECTION A (dance 4 walls twice)***

***BRIDGE***

***SECTION B (dance every wall till the end)***

**SECTION A (16 counts)**

***STOMP CROSS ROCK & HEEL, STOMP CROSS ROCK & HEEL***

1& Stomp cross right over left, rock back onto left  
a2 Step right in place, tap left heel forward  
& Step left in place  
3& Stomp cross right over left, rock back onto left  
a4 Step right in place, tap left heel forward  
& Step left in place

***RIGHT SHUFFLE, SCUFF HITCH STEP, SCUFF HITCH STEP, STOMP,  
STOMP***

5&a Shuffle forward right, left, right  
6&a Scuff left, hitch left, step on left  
7&a Scuff right, hitch right, stomp on right  
8 Stomp left

***ROCK BACK RECOVER, SIDE STEP TOGETHER  $\frac{3}{4}$  TURN***

9& Rock back on right, rock forward on left  
a 10 Step right to right side, stomp left next to right (weight ending on left)  
11&a 12  $\frac{3}{4}$  turn left (stepping right, left, right, left)

***CROSS ROCK STOMP, CROSS ROCK STOMP, STEP***

13& Cross rock stomp on right over left, recover weight on left  
a 14 Step right to right side, cross rock stomping left over right  
& a Recover weight on right, step left to left side  
15& Cross rock stomping right over left, recover on left  
a 16 Step right to right side, step left next to right

***Dance A section 8 times (you should end up back on front wall)***

**BRIDGE (16 counts)**

***PADDLE FULL TURN RIGHT, PADDLE FULL TURN LEFT***

***(KEEPING HANDS ON HIPS FOR 8 COUNTS)***

1&2  $\frac{1}{4}$  turn on right, paddle on left,  $\frac{1}{4}$  turn on right  
&3&4 Paddle on left,  $\frac{1}{4}$  turn on right, paddle on left,  $\frac{1}{4}$  turn on right  
5&6  $\frac{1}{4}$  turn on left, paddle on right,  $\frac{1}{4}$  turn on left  
&7&8 Paddle on right,  $\frac{1}{4}$  turn on left. Paddle on right,  $\frac{1}{4}$  turn on left



**THE BREAK Cont -:**

***CROSS ROCK STEP, CROSS ROCK STEP, TOUCH, HOLD***

- 1 2 Cross rock right over left, rock back on left
- 3 Step right to right side
- 4 5 Cross rock left over right, rock back on right
- 6 Step left to left side
- 7 8 Touch right next to left, hold for one count

**SECTION B (32 counts)**

***RIGHT CHASSE, CROSS ROCK, LEFT CHASSE ¼ TURN, ½ TURN***

- 1&2 Right side chasse (right, left, right)
- 3 4 Cross rock left over right, recover weight on right
- 5&6 Left side chasse (left, right, left) turning ¼ turn left
- 7 8 Step forward on right, pivot ½ turn left

***HEEL & HEEL & TOE & HEEL & HEEL & TOE & STOMP, STOMP***

- 1&2 Tap right heel forward, step right in place, tap left heel forward
- &3&4 Step left in place, touch right toe behind left, step right in place, tap left heel forward
- &5&6 Step left in place, tap right heel forward, step right in place, tap left toe behind right
- &7 8 step left in place, stomp right next to left, stomp left next to right

***STEP SLIDE BALLCHANGE, STEP SLIDE BALLCHANGE***

- 1 2 3 Take large step to right side, slide left next to right (weight ending on right on count 3)
- &4 Step on ball of left foot, replace weight onto right
- 5 6 7 Take large step to left side, slide right next to left (weight ending on left on count 7)
- &8 Step on ball of right foot, replace weight onto left
- \* As you step right bring both arms up to shoulder level, left arm extended, right arm bent, then swing down and across to the opposite side when stepping left

***STEP FULL TURN, ROCK RECOVER, COASTER STEP, SCUFF***

- 1 Step forward on right
- 2 3 ½ turn right, stepping back on left, ½ turn right stepping forward on right
- 4 5 Rock forward on left, rock back on right
- 6&7 Step back on left, step right next to left, step left forward
- 8 Scuff right out to right side (keeping weight on left)

***Start section B again***