

**Uprising**  
**Choreographed by: Julie Snailham (Spain)**  
**Music: Uprising - Muse**  
**Count: 32      Wall: 4      Level: Beginner**

**Intro: at Count 40 on this version which the dance is choreographed to**

**\*\* Dance without the ¼ turn R at Section 3 to make a one wall dance for AB Dancers \*\***

**SECTION 1: STEPS FORWARDS WITH BRUSHES**

- 1-2 Step forward on R, brush L forward
- 3-4 Step down on L, brush R forward
- 5-6 Step down on R, brush L forward
- 7-8 Step down on L, brush R forward

**SECTION 2: WALKS BACK WITH TOUCH, GRAPEVINE LEFT WITH TOUCH**

- 1-2 Step back on R, step back on L
- 3-4 Step back on R, touch L beside R
- 5-6 Step L to L side, step R behind L
- 7-8 Step L to L side, touch R next to L

**SECTION 3: GRAPEVINE RIGHT TURNING ¼ RIGHT TOUCH, LEFT V STEP WITH TOUCH**

- 1-2 Step R to R side, step L behind R
- 3-4 Step R to R side turning ¼ R, touch L next to R
- 5-6 Step forward and out on L, step forward and out on R
- 7-8 Step back on L, touch R next to L

**SECTION 4: RIGHT V STEP, RIGHT ROCKING CHAIR**

- 1-2 Step forward and out on R, step forward and out on L
- 3-4 Step back on R, step back on L next to R
- 5-6 Rock forward on R, recover on L
- 7-8 Rock back on R, Recover on L

**Live, Love, Dance**

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