

# Swingin' Thing

Count: 32      Wall: 4      Level: Improver

Choreographer: Ann-Kristin Sandberg (Norway) Nov-2014

Music: "Swingin'" by LeeAnn Rimes (3,02) iTunes

**INTRO : 16 Counts Start on vocals**

## **ROCK RECOVER-CROSS SHUFFLE-ROCK RECOVER-WEAVE**

1-2            Step right to right side, Recover onto left  
3&4          Cross right over left, Step left to left side, Cross right over left  
5-6          Step left to left side, Recover onto right  
7&8          Cross left behind right, Step right to right side, Step left forw

## **TOE TOUCHES-STEP-PIVOT ¼ L-CROSS SHUFFLE-CROSS-POINT**

1&2&        Touch right toe forw, Step right next to left, Touch left toe forw, Step left next to right  
3-4          Step right forw, Pivot ¼ turn left (09)  
5&6&        Cross right over left, Left to left side, Cross right over left, Left to left side  
7-8          Cross right over left, Point left toe to left side

## **L SAILOR-R SAILOR-BACK TOUCH-1/2 TURN L HEEL UP & DOWN**

1&2          Cross left behind right, Right to right side, Left to left side  
3&4          Cross right behind left, Left to left side, Right to right side  
5&6&        Touch left toe back, Lift right heel up, ¼ turn(06) Right heel down, Right heel up  
7-8          ¼ turn Right heel down, Left heel down (weight on left foot) (03)  
**(Count 5-8...you bump your heel up & down when turning ½ L)**

## **R DIAGONAL FORW-HEEL UP & DOWN-L DIAGONAL FORW-HEEL UP & DOWN**

1&2&        Step right diagonal forw to right, Lift right heel up, Heel down, Heel up  
3&4          Right heel down, R heel up, R heel down  
5&6&        Step left diagonal forw to left, Lift left heel up, Heel down, Heel up  
7&8          Left heel down, Left heel up, Left heel down

## **TAGS : 8 Counts : End of wall 3 facing (09), End of wall 5 facing (03)**

1-2          Right foot to right side, Left foot to left side  
3-4          Right foot back, Left to left side

**Repeat counts 1-4**

**ENJOY THIS FAST LITTLE DANCE!**