

## **LOOKING BACK**

**Count: 32    Wall: 4    Level: High Improver**

**Choreographer: Frank Heelan (IRL) 2018**

**Music: "I Lived It" By Blake Shelton**

**Intro: 16 Counts**

**Sec. 1 Cross, point, cross. Side together back. Coaster step. ½ left back right.**

**1-2-3** Cross right over left. Point left to left. Cross left over right.

**4&5** Step right to right. Left together. Step back right.

**6&7** Step back left. Right together. Step forward left.

**8** Turn ½ left on ball of left back right. (6.00)

**Sec. 2 Rock back recover. Side rock step. Turn. Turn. Mambo step.**

**1-2** Cross rock left behind right. Recover to right.

**3&4** Rock left to left. Recover to right. Step forward left.

**5-6** Turn ½ left stepping back on right. Turn ½ left stepping forward on left.

**7&8** Rock forward right. Recover to left. Step right together. (6.00)

**Sec. 3 Turn ¼ left sway left sway right. Sailor ¼ left. Chasse right. Sailor ¼ left.**

**1-2** Turn ¼ left sway left and right. (3.00)

**3&4** Sweep left around behind right turning ¼ left. Recover to right. Step left to left.(6.00)

**5&6** Step right to right. Left together. Right to right.

**7&8** Sweep left around behind right turning ¼ left. Recover to right. Step left to left (9.00)

**Sec. 4 Walk right left. Side rock cross. Side rock cross. Side rock recover.**

**1-2** Walk forward right and left.

**3&4** Rock right to right. Recover to left. Cross right over left.

**5&6** Rock left to left. Recover to right. Cross left over right

**7-8** Rock right to right. Recover to left.

**There is a 4 count tag end of wall 1 facing 9.00 and end of wall 4 facing 12.00.**

**Tag: Right Mambo forward. Left mambo back.**

**1&2** Rock forward on right. Recover to left. Step right next to left.

**3&4** Rock back on left. Recover to right. Step left together.

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