

Ex's and Oh's

Count: 32

Wall: 4

Level: Beginner

Choreographer: Mike Stringer (UK) - February 2016

Music: Ex's & Oh's - Elle King

#16 Count Intro

SECTION 1: Grapevine right,touch out, hitch 1/4,touch out, touch together

- 1,2 Step R to R side, Step L behind R (12:00)
- 3,4 Step R to R side, touch L next to R (12:00)
- 5,6 Touch L out to L side, Hitch L knee as you turn 1/4 over right shoulder (3:00)
- 7,8 Touch L out to L side, Touch L in place next to R (3:00)

SECTION 2: Grapevine left, hip rolls from left to right

- 1,2 Step L to L side, step R behind L (3:00)
- 3,4 Step L to L side, Step R in place next to L (3:00)
- 5,6 Roll hips a full circle from L to R (3:00)
- 7,8 Roll Hips a full circle from L to R (3:00)

Alternative to counts 5-8, bump hips R,L,R,L

SECTION 3: Step,lock,step,scuff X2

- 1,2 Step R forward, lock L behind R (3:00)
- 3,4 Step R forward, Scuff L past R (3:00)
- 5,6 Step L forward, lock R behind L (3:00)
- 7,8 Step L forward, Scuff R past L (3:00)

SECTION 4: Rocking Chair, 1/2 Pivot turn, stomp stomp

- 1,2 Rock R forward, recover onto L (3:00)
- 3,4 Rock R back, recover onto L (3:00)
- 5,6 Step R forward, 1/2 turn over L shoulder (9:00)
- 7,8 Stomp R, stomp L (optional hand claps) (9:00)

BEGIN AGAIN

Restart: On the fifth wall of dance, you will dance upto and including count 8, section 2 (hip rolls) then begin the dance from the beginning, facing 3:00

Contact: peppermintpolo1@hotmail.co.uk