

Dance Life

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Francien Sittrop (NL) & Lorna Mursell (UK) - September 2013

Music: Let's Dance – 5ive

Intro: Start on Heavy Beat after 48 counts

[1 – 8] V Step, In In , Cross, ¼ R step Back, Kick Ball Cross

1 – 2 Step R out , Step L out (use Hips)
3 – 4 Step R back in Centre, Step L next to R
5 – 6 Step R across L, ¼ R step L back (03.00)
7 & 8 Kick R fwd, Step R down, Step L across R

[9-16] Side Rock, Recover, Sailor 1/2 Turn R, Step, Bend, L Coaster Step

1 – 2 Rock R To R Side, Recover onto L
3 & 4 Cross R Behind L Making 1/2 Turn R, Step L Beside R, Step R Forward (09.00)
5 & 6 Step Forward On Left, Bend Knees, And Rise
7 & 8 Step Back on Left, Step Right beside Left, Step Left Forward

[17-24] Syncopated Lock steps , Rock Recover, Touch Back , ¾ Turn R

1-2& Step R fwd. Lock L behind R, Step R fwd
3-4& Step L fwd, Lock R behind L, Step L fwd
5 – 6 Rock R fwd, Recover onto L
7 – 8 Touch R back, Make ¾ Turn R (06.00)

[25-32] Side, Behind, Side, Step fwd , Flick, Cross, Step Back, Chasse 1/4 L

1-2& Step L To L Side, Step R Behind L, Step L To L Side
3 – 4 Step R fwd, Flick L Foot Back
5 – 6 Step L across R , Step Back on R
7 & 8 Step L To L Side Making 1/4 L, Step R Beside L, Step L Forward (03.00)

Restarts: During wall 2, 5, 10 after count 16 start again with count 1

Ending: Last wall ends on wall 9 . Step R across L, ¼ Turn R step L back to the front wall

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Last Revision - 16th Sept 2013